

# KIDZ INDOOR ACTIVITIES AT CARLTON FORUM LEISURE CENTRE

## Trampoline Courses

Tuesdays

6.15pm - 7.00pm

7.00pm - 7.45pm

Suitable for ages 8 - 16

See reception for more information



## Indoor Tennis

Wednesday

5.00pm - 6.00pm

Suitable for ages 4 - 10

For more info contact Shingji  
on 07985 183476

Fully qualified  
LTA coaches  
taking session



## Table Tennis

Thursday

6.00pm - 7.00pm

Ages 6 - 12

Suitable for  
all abilities



## Basketball Club

Thursdays

5.00pm - 6.00pm

Suitable for ages 8 - 14

Come along  
and show  
your skills!



# Gedling Leisure

Changing Lifestyles

[www.gedling.gov.uk](http://www.gedling.gov.uk)