

Leader's column

Welcome to the winter edition of Contacts. Our Christmas events are getting bigger each year and the Arnold Christmas Market will benefit from the extra space created thanks to the redevelopment of the market area and I expect many of you will attend the various light switch on events taking place across the borough.

We continue to invest in our local town centres and there is more information about plans for Carlton Square on page 8. We have been working very closely with the owners of the square to create something that will improve the centre and get more people shopping there which will help create a more vibrant economy.

Knife crime has been in the news across the entire country and we have had some incidents here, however, we are very proud to be involved in taking direct action to reduce incidents, thanks to the creation of a new Violence Reduction Unit, which you can read about on pages 22 & 23. We are already seeing results with a 50% reduction in incidents since this time last year. We will continue to do everything we can to reduce that figure further.

Enjoy the festivities and on behalf of everyone at Gedling Borough Council, I would like to wish you a Merry Christmas and a Happy New Year.

Leader of the Council, Councillor John Clarke



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Councillor John Clarke is the Leader of Gedling Borough Council. You can contact him in writing at the Civic Centre, Arnot Hill Park, Arnold, Nottingham, NG5 6LU or by emailing cllr.john.clarke@gedling.gov.uk

Contact us



You can now pay and apply for a number of services online, quickly and easily at www.gedling.gov.uk

However, if you need to speak to someone then here are the numbers you can call:

 Council Tax:
 0115 901 3950

 Housing Benefits:
 0115 901 3970

 Waste & Recycling:
 0115 901 3621

 Public Protection:
 0115 901 3832

 Environmental Protection:
 0115 901 3972

 Licensing:
 0115 901 3971

If you can't find what you're looking for call our switchboard on 0115 901 3901 or visit www.gedling.gov.uk



Contacts 3



Contents

Pride of Gedling launch	6
Town centre updates	8-9
Christmas in Gedling	16-17
Tackling knife crime	22-23
What's on	24-25
Mayor's news	31

Having trouble reading this?

Please email communications@gedling.gov.uk if you need it in large print, audio or another format.

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We want to hear from YOU

Win £100*

Gedling Conversation Satisfaction Survey



Gedling residents have until 1 December to have your say on things that matter to you in the area where you live and enter a prize draw to win £100*.

In September, we launched our customer satisfaction questionnaire as part of the 'Gedling Conversation' giving residents the opportunity to shape the council's work for the future and say what they like or dislike about their borough. Every household received a paper version of the questionnaire, which can be filled out and returned, at no extra cost, using the free postage provided.

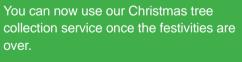
Take our online survey

You can also fill out the survey online at www.gedling.gov.uk/haveyoursay

Everyone who responds to the survey will be entered into a prize draw to win £100. Over the years, we have had a great response by residents to the survey, receiving thousands of responses.

*For the full terms and conditions about the prize draw visit www.gedling.gov.uk/haveyoursay





Instead of taking your tree to the tip, or trying to stuff it in your garden waste bin, for just £5 we will come and collect your tree from your home.

The service, available to all residents, will start from 6 January until 17 January. All you need to do is visit our website or

call our Customer Services team and provide us with your name and address and we will give you a date to leave your tree outside (don't forget to take the decorations off) and we will come and collect.

The Christmas tree collection service is subject to availability. To book, call 0115 901 3901 or visit www.gedling.gov.uk/tree-collection



Improvements to Country Park

Gedling County Park is to be improved with a new outdoor seating area and extension to the car park.

Councillors have approved plans for a new outdoor seating area at Café 1899. The seating area will be designed with an overhead cover and windbreak side sheet so visitors can enjoy a hot drink and some food outside, at any time of the year.

The seating area will be fully funded by contributions from local housing developers, known as Section 106 contributions, and will cost around £107,000 to build.

In addition to the new seating area, plans are being proposed to extend the car park with an additional 100 spaces to be created. Land at the front of the Spring Lane entrance will be used to create the car park, which will improve the amount of spaces available on the busier days and reduce any parking directly outside the park and on the nearby housing estate.

For more information about Gedling Country Park, visit www.gedling.gov.uk and search for 'Gedling Country Park'.

Contacts 5

Park wins 'much loved' status

Gedling Country Park has been awarded a 'much loved' park status in a national competition to find the UK's best park.

The park received enough votes to finish in the top four parks in the East Midlands and receive the special status.

The UK's Best Park award, organised by the Fields in Trust, has seen all-time high numbers of nominations and a record votes tally, with 36,832 park users casting votes to help decide the UK's Best Park 2019.

In the East Midlands, 17 local parks and green spaces were nominated, including Gedling Country Park, for the award. These nominations were then championed by the council, park users, communities, Friends of Gedling Country Park, and elected representatives as part of the public vote before the final four were chosen along with the regional winner.

The park will receive a certificate to recognise the support of the people who voted for it. We would like to thank everyone who voted for the park and helped us achieve this 'much loved' status.







Nominations are now open

The 2020 Pride of Gedling Awards nominations are now open. Every year we ask residents, community leaders and businesses to nominate people who have made a big difference to this borough. This year, it could be you, or someone you know, who collects the award. We have introduced some new categories this year, to reflect the council's plan and priorities.

*NEW AWARD

The Community Hero(es) Award

Recognising inspirational individuals or groups, from any walk of life, who have gone that extra mile, or above and beyond their role, to help others or to make life better in their community.

*NEW AWARD

The Environmental Hero Award

Celebrating any individual, group, school, club, organisation or business in the borough that have made a positive impact on either; conservation, the environment or community spaces

*NEW AWARD

The Inspirational Healthy Lifestyles Award Celebrates any individual, group, school, club, organisation or business in the borough that have made a positive impact on health and/or wellbeing in the borough.

Outstanding Community Project Award

Recognising a project or group which has helped local communities and improved the lives of those who live in them.

The Business in the Community Award

Recognising a business playing a role in supporting their community.

Dylan Barker Young Achiever(s) Award

Celebrating a young person or group of young people, under 21, who make an outstanding contribution to their community, for example; by caring, by volunteering, by making a difference to someone's life, by overcoming adversity, by raising awareness of a particular issue, or by organising an event that has improved quality of life.

How to nominate

Nominations are open until February 2020 so get nominating your community heroes!

- Go to www.gedling.gov.uk/prideofgedling to nominate
- Send your postal submission to Communications Department, Gedling Borough Council, Civic Centre, Arnot Hill Park, Arnold, Nottingham, NG5 6LU.

All finalists will be invited to a special award ceremony at the civic centre on Tuesday 31 March 2020.

Would you like to sponsor an award?

Be a part of this special event that recognise the great work done in our communities, contact our team about some of the packages available for sponsorship. Call us on 0115 901 3773 for more information.



Just the ticket

Residents in Carlton, Gedling and Mapperley now have a direct evening bus to Arnold thanks to Nottingham City Transport extending its Lilac 25 bus to operate later.

The Lilac 25 night time route has now been extended to Daybrook and Arnold Town Centre every 30 minutes, on Mondays to Saturdays.

The last bus from Arnold Town Centre will now leave just after 10.30pm, ideal for people enjoying a show or film at the Bonington Theatre, bargain hunting at Arnold Flea Market or socialising in one of the town's bars or pubs with friends.

The improved evening timetable also provides Arnold residents with two hours social time in Mapperley, with the last bus leaving at 10.15pm instead of 8.15pm.

To view the new timetable for the 25 bus, visit www.nctx.co.uk or download the NCTX buses app.

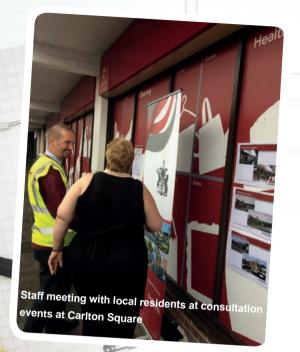


New CCTV cameras installed in Arnold in response to two incidents of knife crime in the area have resulted in a significant drop in anti-social behaviour in the area.

The cameras were installed on the footpath between Front Street and Smithy Crescent, at the cost of £10,000. Nottinghamshire Police have described a reduction in crime in the town centre of nearly 25% that is, in part, down to the installation of the new cameras. Residents have welcomed the news and the improvement to the area, which had previously been affected by anti-social behaviour.

If you wish to report any anti-social behaviour where you live, please contact us on 0115 901 3901 or visit www.gedling.gov.uk and report it online.

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(arlton Square refurbishment

One of our key priorities is to create a more vibrant economy in the borough and one of the ways of doing this is to revitalise our town centres.

Work has already started with the purchase of Arnold Market and the work to revamp Carlton Square is now moving forward. The square is privately owned and the owners are working with the council to improve the site. It is set to undergo a refurbishment to make the precinct more accessible and more appealing for people to visit.

Consultation has taken place and the final scheme is now being finalised before plans are submitted for approval. We've received a high number of responses with many of them positive about the council's plans to improve the area. The original plans have been altered to reflect the comments about more planting and less metal and brickwork.

The works are expected to start in early 2020 subject to funding and planning approvals.



New Town (entre Project Manager

In October, we appointed a new Town Centre Project Manager who will be responsible for driving the rejuvenation of our main shopping precincts, which include Arnold and Carlton. The new post holder will be responsible for

- Identifying some of the key areas for growth and regeneration
- Building strong relationships with local businesses
- Proactively working with developers to bring sites forward for regeneration
- Programming events that promote our town centres and villages
- Seek funding for the development of our high streets and town centres
- Attend local business forums and meetings to help build a network of local businesses to share advice and improve communications with the council and local enterprises

We're very excited to have a dedicated post that we think will make a big difference and help us with our key priority of creating thriving and vibrant towns and local centres in Gedling. We will keep you up to date with their progress in the future editions of Contacts.

(alling all traders

We are seeking local businesses or traders that are looking for another outlet to sell their goods or promote their business. If this is you and perhaps you rely on online sales or trade shows, have you considered having a stall on the revamped Arnold Market? To encourage new traders and businesses, we are offering an introductory rate of £10 per stall for the first five times a new trader uses it. within two months. There is also discounted rates available to craft stalls and charities. For more information

For more information call 0115 901 3891 or email arnold.market@gedling.gov.uk.

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Carlton Town Centre Proposals



(ouncil tax help for care leavers and people with disabilities

Some people may be missing out on council tax relief and, in some cases, exemption from paying the tax because they are unaware of the discounts they can receive. We have a range of discounts for people with disabilities or people who have recently left care. Here are some details about these benefits:

(are leavers

Residents who have recently left care and are living in the borough could be entitled to our care leavers' discretionary scheme that, if they meet the criteria, could exempt them from paying council tax until they are 25 years old. We have supported a number of people in the borough with this type of reduction but there could be more people out there unaware of the help they can get.

Severe mental impairment (SMI)

If a person is severely mentally impaired which means they have a severe impairment of intelligence and social functioning which appears to be permanent, they could be exempt from paying council tax, even if they live with another person. We have supported over 550 people in the borough with this type of exemption.

Disabled relief

This is where a property has been adapted or altered in a specific way to meet the needs of a disabled resident.

Where the criteria for this relief is met, the council tax charge is reduced by one council tax band i.e. it may be a Band C property but it is only charged council tax at a Band B rate. We have supported nearly 300 households with this type of discount.

To find out more about all of the council tax discounts and exemptions available to residents visit www.gedling.gov.uk and search 'discount' or call us on 0115 901 3901

Additional support for our (are Leavers

As part of our Corporate Parenting Responsibility to Care Leavers, we have introduced some initiatives to support our care leavers as they move to independent living, these include

- 100% exemption from council tax
- · Priority on the council's housing register
- Free access to our leisure facilities

To find out more about this support, contact us on 0115 901 3696



Reducing homelessness in Nottinghamshire



We are taking the lead role for an important new service that aims to reduce rough sleeping in Nottinghamshire. We are working with other organisations including Nottinghamshire County Council, Public Health England and homeless charity, Framework, to reduce the increasing numbers of rough sleepers in the county. In some rural areas of Nottinghamshire, there are a number of rough sleepers that are hidden from sight, sleeping in sheds, barns and cars.

The government has agreed combined funding of £1.1 million to Nottinghamshire local authorities to tackle homelessness. The project aim is to prevent, intervene and offer support to people who are sleeping rough or could become homeless. The money will be used to try and help move people away from life on the streets with the ambitious aim of stopping rough sleeping all together by 2027.

What can you do if you see someone rough sleeping?

If you see someone who you feel may be rough sleeping please contact the 24 hour referral line 0800 066 5356 or text 'SOT' to 80800 and someone from Framework Housing Association, who are a charity that support the homeless, will go out and offer assistance.

Housing Allocations Policy review

We are reviewing our Housing Allocation Policy, which sets out the rules for how we allocate social housing, including who can go on the waiting list and who gets priority for housing. For further information and to take part in the consultation visit

www.gedling.gov.uk/haveyoursay

Are you at risk of becoming homeless?

Do you have rent arrears? Money and debt worries or problems with your tenancy that means you could lose your home? We can help. Our experienced team can help with intervention if you think you may become homeless. Don't wait until it happens, get in touch now by going to www.gedling.gov.uk/get-help or call 0115 901 3681 or email housingneeds@gedling.gov.uk and we can offer you free advice and support.

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Cyber crime -how you can keep safe

One of our key priorities is to reduce crime and the fear of crime and one of the criminal activities on the increase is cyber crime. Nottinghamshire Police have teamed up with Get Safe Online to provide some advice on what you can do to avoid it.

Some examples of cyber crime are:

- Having your social media or other online accounts hacked
- Being bullied online (often referred to as cyber bullying) cyber-stalking, harassment, and child sexual exploitation
- Someone gaining access to your online banking account(s)
- A person or group pretending to be someone they are not while online for the purposes of extracting money from you
- Terrorists can also collaborate on the internet, moving terrorist activities and crimes into cyberspace
- Spam emails for the purposes of infecting devices and stealing personal information, or scam emails attempting to part you with your money

How you can stay safe – some useful tips

Use strong passwords – they should be at least 10 characters, containing numbers and symbols.

Manage your social media settings be careful about what information you put on public pages. For instance, if you post your pet's name or reveal your mother's maiden name, you might expose the answers to two common security questions.

Strengthen your security on Wi-Fi use a virtual private network (VPN) when using public wi-fi to ensure your data is encrypted.

Encourage family members to be open about any issues they may have such as online harassment, stalking, or bullying.

For more information visit www.getsafeonline.org/nottinghamshire or to report an incident of cyber crime call Nottinghamshire Police on 101.



traditional way so we have made it easier for you to contact us online.

You can now contact our Customer Services team on social media. Our dedicated digital team are available to answer all council related questions and you can do it quickly and easily on our Twitter or Facebook pages.

As part of our ongoing work to improve our use of digital technologies, you can now contact our Customer Services team directly, either publicly or through a

possible. You can report anything from missed bins, graffiti, fly tipping or dog fouling with ease, on your phone or tablet.

As well as providing a faster response to residents' queries, it also saves the council money as it's cheaper than phone calls or face-to-face visits.

To contact us on Twitter use handle @GedlingBC_Help or if you want to talk to us on Facebook just search for 'Gedling Borough Council'.



Contacts 13

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Selective licensing one year on



Since its launch last year, our Selective Licensing Scheme has made a number of improvements for people living in Netherfield. The scheme gives the council more powers to make privately rented homes better for people to live in by making it mandatory for landlords to have licences for each property.

Since its launch in October 2018, we've received over 500 applications and have inspected over 160 properties. Of those properties, over 90% inspected required essential repair works to bring the property up to a legal standard, 24 of those properties had hazards that were an imminent risk to the residents and, working with the landlords and housing officers, steps were taken to reduce the risk and make the properties safe.

All properties, subject to the scheme, are inspected and if we find any concerns, we will work with the landlords to bring the property back up to a good standard. The scheme requires properties to have gas safety certificates, working smoke alarms installed, free from significant hazards and for the tenant to be provided with details about refuse collection.

Has your landlord signed up?

We still have some properties that have not signed up for the scheme. For more information about how to sign up if you are a landlord in the Netherfield area or if you are a resident, visit www.gedling.gov.uk and search 'Selective licencing'.



Memorial for water pioneer



A memorial in honour of an engineer who pioneered the creation of clean water systems, saving thousands of lives in the process has been unveiled in the park where he was born.

Thomas Hawksley was born in Arnot Hill House in the grounds of Arnot Hill Park, Arnold and he

would become one of the greatest water engineers of the 19th century, saving countless lives by creating the first pressurised water system of its kind.

The memorial, which cost £10,000 to build was unveiled by the Deputy Mayor of Gedling along with Mr Hawksley's descendants at a special ceremony in Arnot Hill Park in October. The funding for the statue was provided by Severn Trent Water after meeting with the Deputy Leader of Gedling Borough Council Cllr Michael Payne to discuss better flooding provisions in the borough.

The sculpture was designed and built by local artist Richard Janes and incorporates elements of Thomas Hawksley's work and designs using techniques and materials that were in use at the time Hawksley was alive. The memorial also includes elements of design from children at Arnbrook Primary School who have worked with the artist on the memorial.

The installation is part of the council's Gedling Heritage Brought Alive programme, which aims to increase awareness of the famous people and places of the borough. To find out more about the heritage project, visit www.gedlingheritage.co.uk







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IN GEDLING

Across the borough there will be a host of Christmas events taking place including the return of the Arnold Christmas Market event, which takes place on 22nd and 23rd November in Arnold Town Centre. The market, now in its fourth year will have more stalls than ever, selling Christmas gifts, food and drinks. There will be a stage with entertainment for all the family to enjoy including Christmas carols, local entertainers, bands and singers performing in Eagle Square. There will also be children's rides and amusements to keep the little ones entertained, supplied by local events company Mellor's Group. Arnold Methodist Church have extended the times of their Advent Craft Fair to open on both days of the event, from 4-8pm on the Friday and 9.30am to 3.30pm on the Saturday.

The outdoor market organised by local business Button Moon is open from 12pm to 8pm on the Friday and from 11am to 5.30pm on the Saturday from Eagle Square all the way up Front Street to Croft Road. The event this year includes an extended fun fair on Arnold Market and this will run later until 10pm on the Friday and 9pm on the Saturday.

The Arnold Local Area Forum has organised the Christmas light switch on event on the Friday evening from 5pm with Santa arriving on his sleigh and the Mayor of Gedling switching on the Christmas lights. This year's event has been sponsored by Hollies Day Nurseries.



Mapperley Top Christmas Light Switch On

Thursday 28 November at 4.45pm **Mapperley Town Centre, Plains Road**

Carlton Hill Christmas Light Switch On

Wednesday 27 November at 4pm **Carlton Hill Sensory Garden** (Garden for the Blind)

Netherfield Christmas Lights Switch On Friday 29 November at 4pm

Netherfield Town Centre

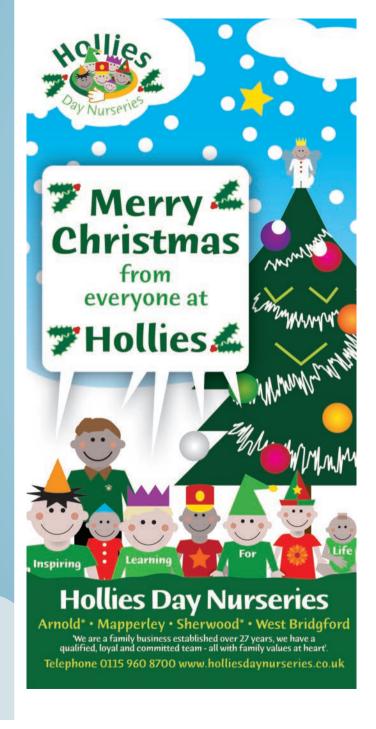
The event starts at 4pm and there will be performances from Burton Joyce Training Band and Netherfield Primary School choir. The Mayor will be switching the lights on at 4.40pm and Santa will be visiting on his sleigh.

Children's Christmas themed arts and craft event

Saturday 30 November 10am-12pm **Richard Herrod Centre**

An afternoon of fun for children aged 4-10. Listen to traditional Christmas stories and join in with lots of arts and craft activities for all ages and abilities. Booking is essential and parents must be in attendance at all times.

For the full list of Christmas light switch on www.gedling.gov.uk/christmas or visit our Facebook page.



events across the borough or near you, visit



We will also notify you about any service disruption near you or changes to your collection so you'll never miss out.

> www.gedling.gov.uk/ reminder

and enter your address to sign

Get free bin collection reminders

To sign up visit www.gedling.gov.uk/reminder

bin collection

reminder

Don't forget to put your Green Bin and

Please put it out by 7am and take it back again as soon as possible after it's been emptied.

Are you Bin smart?

Right Waste Right Bin Bin Smart

Gedling **

Glass box out tomorrow.

KEEP ME POSTED





Losing a beloved pet can be a sad and difficult time for you and your family.

When the time comes to say goodbye, we can support you to organise a fitting tribute that is individual to you and your pet, ensuring they are treated with the dignity and respect they deserve.

We will offer advice and guidance throughout the process, supporting you with clear options and pricing.

To find out more contact us on 0115 901 3713 www.gedlingpetcremations.co.uk/contacts



More GP appointments available in the evening and at weekends!

We understand that booking a GP appointment during working hours can be difficult when you have to work, if you're a busy parent, or if you rely on somebody else to take to you to your appointment.

That's why the NHS in Gedling is committed to improving access to local GP Practices, and that's why you can book routine GP, Nurse, and Healthcare Assistant appointments in the evening, at weekends and over Bank Holidays in Gedling.

Pre-bookable appointments are available Monday-Friday until 8pm, as well as at weekends and on Bank Holidays.

To arrange an appointment, or for more information on the service, please speak to your GP practice.



The extended General Practice Service covers:

Evenings

(6.30pm – 8.00pm)
Weekends and Bank Holidays

PLEASE NOTE – this isn't a walk-in service, and the appointment may take place at

another GP Practice in the area.

What about urgent care?

(8.30am - 12.30pm)

If you need urgent medical advice when your Practice is closed, you should call NHS 111. Your request will be passed for local assessment and you will receive a call back to discuss your issue and to arrange an appointment, if that is appropriate.

Top tips for staying well this winter

- Keep your home warm, at least 18°C
- If eligible, make sure you get your FREE flu jab - speak to your doctor or pharmacist
- Make sure you keep taking any prescribed medicines and take them as directed
- If you are prescribed antibiotics, make sure you finish the course
- Keep a supply of cold and flu remedies in the house
- If you start to feel ill, get help from your pharmacy straight away
- A&E is for emergencies only. If your surgery is closed then the NHS111 service can help you get the right treatment





We're urging those most at risk from flu to protect themselves and their families as a matter of priority with a free flu jab.

Those most at risk include pregnant women, two and three year-olds, primary school children, people living with a health condition such as severe asthma, chest or heart complaints, and those aged 65 and over.

Dr James Hopkinson, local GP and Nottingham North and East Clinical Commissioning Group's Clinical Lead, said: "I cannot emphasise strongly enough how important it is that those at risk protect themselves from what can be a very nasty virus. Flu is a very preventable illness, and the jab itself is quick, safe and free for those most at risk."

If you are in a at risk group, your GP Practice should contact you. If you haven't heard from them, please give them a call and tell them you want to speak to someone about getting a free flu jab.

Is it time to talk? Why talking therapies could be for you

The festive season is fast approaching and while for most people Christmas is a time to celebrate and have fun with the family, for some it can be a very lonely time. Christmas can be especially challenging if you're suffering from a mental health issue like anxiety, stress or depression.

If you're feeling low this festive season then talking therapies might help. If you are 18 and over and registered with a Gedling GP, you can either speak to your GP and they will refer you to a talking therapy service, or you can refer yourself.

We currently have three talking therapy services in Gedling, to get some help or to find out more, please go to: www.nottinghamnortheastccg.nhs.uk/nhs/iapt

If you're in a crisis, you can contact the Samaritans on: 116123



Contacts 21

www.nottinghamnortheastccg.nhs.uk

Facebook /NHSNNE or call 0115 883 1838

Kn fe amnesty success

In September, we took part in Operation Sceptre with Nottinghamshire Police. This included a week-long knife amnesty. More than 1,000 weapons were handed in or collected over the week across Nottinghamshire and we had a knife bin at the civic centre which was used to hand in weapons. The Police also carried out stop and searches and gave over 50 educational awareness sessions to hundreds of schoolchildren. The response coincides with figures released that show knife related incidents in Arnold has dropped by 50% over the last year, with more work to be done to reduce it further.





United against violence

#stopviolence

Violence reduction unit for **Nottinghamshire**

Work has started on a new multi-agency violence reduction unit (VRU) to fight serious violence across the county.

The Nottinghamshire Police and Crime Commission (PCC) was one of 18 PCC units nationally to receive a provisional share of a £35m Home Office grant to establish a specialist team to tackle violent crime and prevent young people from turning to violence. Nottinghamshire's £880,000 represents one year of funding. The allocation has been calculated to reflect levels of serious violence in the area based on hospital admissions for sharp object assaults.

We're very pleased that Dave Wakelin, Director of Health and Community Wellbeing here at Gedling Borough Council, has been appointed director of the new VRU.

The Violence Reduction Unit will bring together different organisations, including the police, local government, health, community leaders and other key partners to tackle violent crime by understanding its root causes. The new units will be responsible for identifying what is driving violent crime in the area and coming up with a co-ordinated response. Visit www.nottsvru.co.uk for more information.



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What's on at **The Bonington**

November 2019 - March 2020



Follow us @thebonington

THEATRE

Royal Shakespeare

Company: FIRST ENCOUNTERS THE MERCHANT OF **VENICE**

Fri 15 & Sat 16 November

HandMade Theatre: **TOO MANY COOKS AT CHRISTMAS**

Sunday 1 December at 2pm & 4pm

Flying High Expressive Arts Company

THE WIZARD OF OZ

Sat 14 December at 7pm

The Bonington Players: TEN TIMES TABLE

Wed 22 – Sat 25 January

THE MAYOR'S PANTO Sat 1 February

FLYING HIGH & NATIONAL THEATRE CONNECTIONS

Fri 13 & Sat 14 March

CINEMA

CATS

CHARLIE'S ANGELS

DOWNTON ABBEY

ELF

FROZEN 2

IT'S A WONDERFUL LIFE

JUMANJI: NEXT LEVEL

KNIVES OUT

LAST CHRISTMAS

LE MANS '66

LITTLE WOMEN

MALEFICENT: MISTRESS OF EVIL

SORRY WE MISSED YOU

STAR WARS: RISE OF SKYWALKER

THE ADDAMS FAMILY

THE AERONAUTS

THE GOLDFINCH

THE GOOD LIAR

Five Star Swing **Christmas**

LIVE MUSIC

NOTTINGHAM ORGAN SOCIETY FIRST MONDAY OF THE MONTH AT 7 30PM

JAZZ IN THE BAR THIRD SUNDAY OF THE MONTH

JA77STEPS PRESENT: **HEXAGONAL** THU 5 DECEMBER

JAZZSTEPS PRESENT: EMPIRICAL THU 12 DECEMBER

NOTTINGHAM ORGAN SOCIETY: CHRISTMAS SHOW WED 18 DECEMBER

FIVE STAR SWING AT CHRISTMAS MON 23 DECEMBER



Contacts 25

EVENT CINEMA

42ND STREET: THE MUSICAL (PG)

Fri 22 November at 3pm & 7pm

Royal Opera House Live: COPPÉLIA (12A)

Tue 10 December @ 7.15pm

CBeebies Christmas Show: HANSEL & GRETEL Sat 14 & Sun 15 December

Royal Opera House Live Christmas Special: THE NUTCRACKER (12A) Tue 17 December @ 7.15pm

ANDRÉ RIEU: 70 YEARS YOUNG (PG) Sun 5 January at 3pm & 7pm

Royal Opera House Live: THE SLEEPING BEAUTY (12A) Sat 18 January at 3pm & 7pm

Royal Opera House Live: LA BOHÈME (12A) Wed 29 January & Sunday 2 February

Royal Opera House Live: MARSTON & SCARLETT (12A) Sunday 1 March at 2pm

Royal Opera House Live: FIDELIO (12A)

Tuesday 17 March at 7.15pm

Contacts 51.indd 24-25 29/10/2019 16:18:54



TAKE OUT A FITNESS
MEMBERSHIP IN **DECEMBER** &
HAVE THAT MONTH FOR **FREE**

gedling.gov.uk/christmas-offer

Includes Health Suite at Carlton Forum

Redhill

Carlton Forum

Calverton

0445 904 36

0115 901 3630

0115 987 2333

Gedling **

Terms and Conditions apply





I'LL STOP WHEN I'M 100

Throughout his life, Ray Topple has achieved many things; playing football for 18 years, achieving a black belt in Judo by the age of 30 and he was the lead singer of a 10-piece band. Now, at 86, he continues to enjoy life to the full and regular exercise has played an important role.

Ray uses Redhill Leisure Centre every Monday to Friday and takes part in a number of specialist activities including Pilates. He has been a member of the gym for 14 years and exercises every day. His philosophy is to get a full night's sleep, eat well and stay positive. His one piece of advice "If you think you can't do it, you can. It's all about your mentality. I'll stop doing this when I'm 100."

We offer a number of specialist sessions in our leisure centres available for all ages and abilities. Our DNA Health activities is perfect for people who are inactive or living with a health condition. All of our centres have been awarded with the CredAbility Kite Mark and offer unique sessions such as Relaxation Swimming and Strokeability.

For more information about how you can be as active as Ray visit www.gedling.gov.uk/specialist-sessions

Contacts 27

Community Centre Transfer

A community centre that was on the brink of closure is set to be transferred into the ownership of local residents.

Haywood Road Community Centre will be transferred into the ownership of local residents after Councillors approved plans in October.

The council saved the centre based in Mapperley from closure in January 2017 after they listened to local residents concerns about a lack of alternative community centres. Since then, the council has invested £90,000 into improving the centre and, most recently, made a successful joint bid with the association for funding from FCC Communities Foundation for a new £140,000 play area that opened in September.

The centre will be transferred under the council's 'Community Asset Transfer Policy', which gives organisations wishing to take on responsibility of their local community centres, opportunity to do so.

For more information about the council's asset transfer policy, visit our website www.gedling.gov.uk





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All I want for Christmas is ... you to recycle

At Christmas, we have extra waste and recycling so it's important to know what goes where. Every year, we get an increase in contaminated waste, this is where a recycling bin contains waste that it shouldn't have. When this happens, the entire lorry load can be turned away from the recycling plant and sent to the incinerator. So, in the tradition of Christmas, here's the naughty and nice list and yes, we will be checking it twice.

If you want to make sure you never miss out sign up to our bin reminder email alerts, just visit

www.gedling.gov.uk/ reminder



You can recycle

✓ Plastic bottles

without the lids

- ✓ Cardboard
- ✓ Envelopes
- **✓** Rinsed food tins
- ✓ Drinks cans
- Aerosol cans
- Cardboard tubes

Naughty list *

Waste and

Recycling

You can't recycle

- **X** Carrier bags
- **X** Foil food trays
- Shiny and glittery wrapping paper
- **X** Bows and ribbons
- X Shiny and glittery cards
- X Old toys
- **X** Polystyrene
- **≭** Bubble wrap
- **X** Dirty takeaway pizza boxes
- **X** Used nappies

For a full list of what's naughty and nice visit www.qedling.gov.uk/rubbish/a-zwaste

Bulky Waste Amnesty returns with extended offer

This year we are offering a Saturday collection as part of our annual free bulky waste amnesty. From now until the 22 February, we have created some limited Saturday collection slots that any resident can use for a free bulky waste collection.

From the 13 January until 22 February, we will provide a weekday bulky waste amnesty, which offers collection slots between Monday and Friday. We will collect up to six large items for no cost and you can now book your collections online or by phone.

Slots are allocated so they are limited, subject to availability and are on a first come, first served basis. If you would like to book a free collection or find out what dates we will be collecting in your area, visit www.gedling.gov.uk/bulkywaste or call our Customer Services team on 0115 901 3901.





Local bikers dressed as Santa will be hitting the roads of Gedling to deliver toys for underprivileged children this Christmas. The 12th annual Toy Run takes place on Saturday 30 November.

Toys are collected by the group of bikers, who then ride through the Arnold, Daybrook, Woodthorpe and Mapperley before stopping at The Arrow pub. The gifts are then handed out to young children in the area. There will also be prizes for the best dressed Santa bikes, donated by CMC Bikes in Daybrook and the Arrow Pub and will be judged by the Mayor of Gedling.

The event starts at 11am at The Arrow pub on Gedling Road, Arnold followed by a bike procession at 12pm.

If you would like to make a toy donation, drop in to The Arrow pub before the event or contact the organiser on 0115 953 7118.

Contacts 51.indd 28-29 29/10/2019 16:19:05



Get a grant of up to the value of £30,000 to help adapt your home

Get help with:

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Bathroom adaptations
Children's Sensory Rooms
Lifts and Stairlifts
Ramps
Garden access
Wash and Dry Toilets
Overall Safety of Your Property

To be eligible you must be either an owner occupier, private tenant, a tenant in social housing or a landlord with a disabled tenant. Eligibility is based on financial circumstances and an assessment made by Nottinghamshire County Council.

Call Nottinghamshire County Council on 0300 500 8080 and request an assessment for a Disabled Facilities Grant.





Mayor's News

It has been a very busy first few months for me as I have enjoyed being involved in several events and engagements in my role as the First Citizen of the Borough.

I have had the pleasure of visiting several schools and seen first-hand the brilliant work done by the teachers and students in our borough and it's always a pleasure to be invited to their events. I also hosted a visit from students from Rotenburg as part of an activity trip to Nottingham.

In September, the Deputy Mayor, on my behalf, was honoured to be part of the presentation for Bestwood Male Voice Choir member George Durant who was awarded the Legion d'Honeur, the highest award given by the French Government for his services during WWII.

There will be the Mayor's Panto on 1 February at
The Bonington with all the proceeds going towards
my chosen charities. I will also be attending several
Christmas events across the borough culminating in the
Christmas Concert at St Paul's Church, Daybrook on 7
December which is always a very special occasion.

My chosen charities are Breathe Easy Gedling and Nottingham Hospitals Charity and I will be raising money, specifically, for a Resman pro machine that measures lung functions in small children.

For more information about each charity visit www.nottinghamhospitalcharity.org.uk www.blf.org.uk

Contacts 51.indd 30-31 29/10/2019 16:19:36



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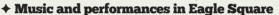
Christmas in Arnold





Friday 22 November 12 noon - 10pm Saturday 23 November 11am - 9pm





- **♦** Children's rides and amusements
- **♦** Festive food and drink stalls
- **♦ Late Night Shopping**





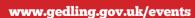
Santa makes an appearance at the Christmas market from 5-7pm Carols sung by local schools

Advent Craft Fair

Advent Craft Fair at Arnold Methodist Church Friday 4pm - 8pm Saturday 9.30am - 3.30pm







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