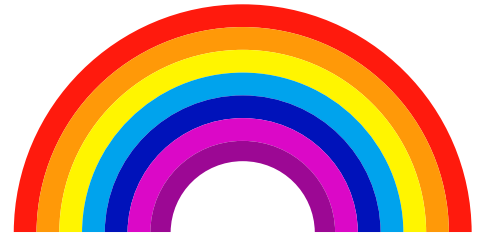


# Activity Pack



## Preschool Learning

Check out the family zone on the Literacy Trust Website, all ages available:

<https://literacytrust.org.uk/family-zone/birth-4>

Cbeebies numeracy development:

<https://www.bbc.co.uk/cbeebies/grownups/help-your-child-with-maths>

Get ahead with learning to read:

<https://www.phonicsbloom.com>

Various apps for reading and learning words and numbers – available on iPhone and google play:

Learn to Read

<https://readingeggs.co.uk>

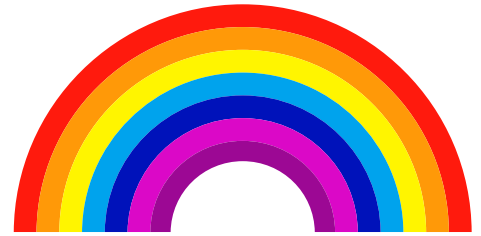
Daily lesson plans for each of the 42 letter sounds.

<https://www.jollylearning.co.uk/shop/uk-shop/phonics-resources/jolly-apps/jolly-phonics-lessons-app>

**Meet the Alphablocks – available on iPhone**

**Go Explore from CBeebies – available on iPhone**

# Activity Pack



## Primary Education

Daily lessons for homeschooling in Maths and English for every year group, as well as regular lessons in Science, History, Geography and more are available at BBC Bitesize:

**<https://www.bbc.co.uk/bitesize/dailylessons>**

The Home learning packs are currently free and a great resource for activities at home:

**<https://www.teachingpacks.co.uk/the-home-learning-pack/>**

National Geographic are offering lots for primary aged kids in themed areas including history, science, geography, english, maths, art and design and PHSE:

**<https://www.natgeokids.com/uk/teacher-category/primary-resources/>**

Register and get access to lots of \*free resources for the primary school curriculum:

**[www.twinkl.co.uk](http://www.twinkl.co.uk) \* Currently free**

Literacy Counts have materials to support parents and teachers to continue learning at home:

**<https://literacycounts.co.uk/free-home-learning/>**

Check out the family zone on the Literacy Trust Website, all ages available:

**<https://literacytrust.org.uk/family-zone/>**

Lots of free activities and e-books available from:

**<https://home.oxfordowl.co.uk/>**

RadioBlogging.Net is a daily radio programme that teaches literacy and is aimed at families and schools. The show features a poet of the day and author of the week:

**<https://radioblogging.net/>**

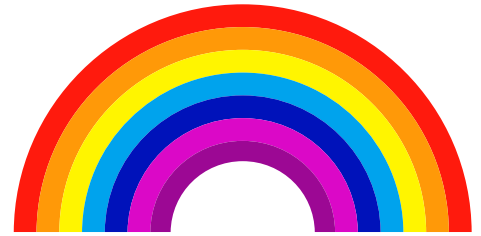
Check out the World of David Walliams including book readings:

**<https://www.worldofdavidwalliams.com/>**

English Mastery has free resources during lockdown:

**<https://www.englishmastery.org/>**

# Activity Pack



## Primary Education

White rose maths, home learning and resources for all year groups:

<https://whiterosemaths.com/>

Pobble 365 helps with creative writing:

<https://www.pobble365.com/>

Carol Vorderman teaches kids maths, free during schools closure:

<https://www.themathsfactor.com/>

Resources for reception to Year 10, currently free:

<https://www.mathematicsmastery.org/free-resources>

Get a code from the website and download the app for free access during lockdown:

<https://www.sirlinkalot.org/>

Science resources are available from Explorify:

<https://explorify.wellcome.ac.uk/blog/explorify-during-school-closures>

Educational resources for all subjects and all ages:

<https://www.topmarks.co.uk/> or try this one <https://www.thenational.academy/>

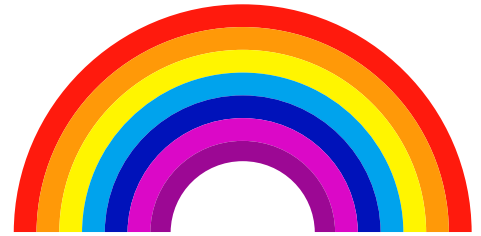
Lots of resources available at Roald Dahl:

<https://www.roalddahl.com/things-to-do-indoors>

Free educational games aimed at children between 5 and 8 years old:

<https://www.ictgames.com/mobilePage/>

# Activity Pack



## Secondary Education

Daily lessons for homeschooling in Maths and English for every year group, as well as regular lessons in Science, History, Geography and more available at BBC Bitesize:

**<https://www.bbc.co.uk/bitesize/dailylessons>**

Register and get access to lots of \*free resources for the secondary school curriculum:

**[www.twinkl.co.uk](http://www.twinkl.co.uk)**

\* Currently free

Check out the zone on the Literacy Trust Website, aimed at Secondary School:

**<https://literacytrust.org.uk/family-zone/zone-in/>**

English Mastery has free resources during lockdown:

**<https://www.englishmastery.org/>**

Educational resources for all subjects and all ages:

**<https://www.topmarks.co.uk/> or try this one <https://www.thenational.academy/>**

Lots more resources for schools can be found here:

**<https://www.techlearning.com/resources/free-online-learning-resources-for-schools-affected-by-coronavirus-covid-19>**

Lots of science can be found here:

**<https://www.youtube.com/cosmicshambles>**

Take a look at the Engineering@Home STEM Challenges and have a go:

**<https://www.smallpeicetrust.org.uk/engineering-at-home>**

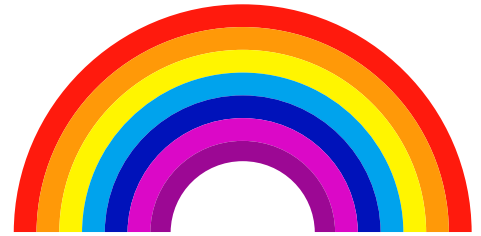
Resources for learning at GCSE and a-Level:

**<https://senecalearning.com/en-GB/>**

GCSE PE OCR Revision can be found here:

**<https://www.gcseperevision.co.uk/>**

# Activity Pack



## Resources for parents

<https://mc.successatschool.org/parents-ebook>

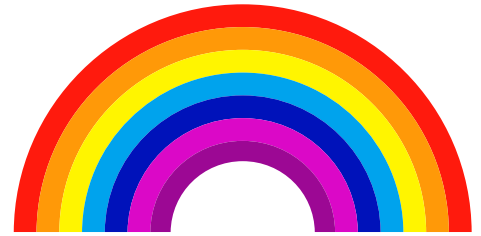
<https://amazingapprenticeships.com/resource/parents-pack-may-2020/>

<https://m.facebook.com/groups/InspiredTeenager/permalink/897827730641682/>

Lots of activities to try which are currently freely available:

<https://www.childrensuniversity.co.uk/covid19>

# Activity Pack



## Adult Education

Inspire are providing free online courses during lockdown:

<https://www.inspireculture.org.uk/skills-learning/community-learning/>

A range of course provided by different Universities, provided by distance learning and free:

[https://www.futurelearn.com/courses?filter\\_category=16&filter\\_course\\_type=open&filter\\_availability=started&all\\_courses=1](https://www.futurelearn.com/courses?filter_category=16&filter_course_type=open&filter_availability=started&all_courses=1)

Online talks for adults from the University of Nottingham on a range of topics, whilst free, places must be booked in advance:

[https://www.nottingham.ac.uk/education/events/2019-20/adult-education.aspx?fbclid=IwAR30o0w3J9oG7nTJEsRRR9KXfE4sCtF0Z8uKGloWwjScxXFDCZc\\_ysCAzzY](https://www.nottingham.ac.uk/education/events/2019-20/adult-education.aspx?fbclid=IwAR30o0w3J9oG7nTJEsRRR9KXfE4sCtF0Z8uKGloWwjScxXFDCZc_ysCAzzY)

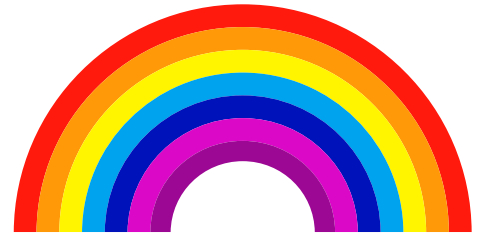
Learn at home:

<https://firstaidchampions.redcross.org.uk/>

Learn all about Makaton here:

<https://www.facebook.com/TheMakatonCharity/?ti=as>

# Activity Pack



## Health and Wellbeing

Gedling Borough Council's Leisure Centre's have put together some exercise routines you can do at home:

**<https://www.facebook.com/ArnoldLeisureCentre/>**

Active Notts have put together some activity packs to try at home:

**<https://www.activenotts.org.uk/young-people-active-at-home>**

Joe Wicks aka The Body Coach with free fitness routines:

**<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ>**

Yoga, mindfulness and relaxation designed especially for kids aged 3+ available here, used in schools and homes all over the world:

**<https://www.youtube.com/user/CosmicKidsYoga>**

Yoga routines for adults from Emmerdale Actress Roxy Shahidi can be found here:

**<https://www.youtube.com/watch?v=zN5UXxDTLl8>**

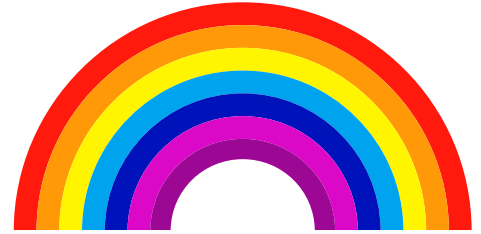
Pilates routines can be found here:

**<https://www.instagram.com/zerogravitypilates/?hl=en>**

Learn new skills with SeachangeArts including circus skills:

**<https://www.youtube.com/user/SeachangeArts>**

# Activity Pack



## Nature

White Post Farm and lots of other animal parks etc. have got webcams or are doing videos etc you can watch anytime on their social media channels or via You Tube:

<https://www.facebook.com/WhitePostFarmNotts/>

<https://www.facebook.com/yorkshirewildlifepark/>

Visit the zoo:

<https://www.chesterzoo.org/>

<https://www.dublinozoo.ie/animals/animal-webcams/>

<https://www.zsl.org/zsl-london-zoo/virtual-london-zoo>

Longleat Safari Park is available here:

[https://www.youtube.com/results?search\\_query=virtual+safari+longleat](https://www.youtube.com/results?search_query=virtual+safari+longleat)

Safari Webcams from Africa are broadcast live twice a day and recordings can also be viewed on the website. You can view the safaris between:

- 05:00am – 08:00am CAT (sunrise dependent)
- 14:30pm – 17:30pm CAT (sunset dependent)

<https://www.andbeyond.com/andbeyond-tv/wildwatch-live/>

### Gorillas

The gorilla forest corridor connects the gorillas' night quarters with the Democratic Republic of the Congo forest habitat at GRACE - a gorilla rehabilitation and conservation education programme. Best viewed between 10am - 11:30am BST and 1:30pm to 3pm BST.

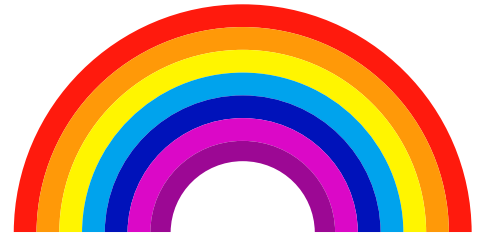
<https://explore.org/livecams/grace-gorillas/gorilla-forest-corridor>

National Geographic have lots of activities for primary aged kids under science and geography.

<https://www.natgeokids.com/uk/teacher-category/primary-resources/>



# Activity Pack



## Nature

Wildlife Trusts are offering their annual 30 days of free activities in June again adapted for lockdown, just sign up on their website:

**<https://www.nottinghamshirewildlife.org/30DaysWild>**

Check out Steve Backshall's Twitter for programmes on wildlife:

**<https://twitter.com/SteveBackshall/status/1242058846941712385>**

For 30 Quests for students around the world to celebrate, explore and connect with nature try this:

**<https://ed.ted.com/>**

The World Wide Fund for Nature can be found here:

**<https://www.wwf.org.uk/>**

The Royal Society for the Protection of Birds can be found here:

**<https://www.rspb.org.uk/>**

Lots of free fun activities to try at home available from Forestry England:

**<https://www.forestryengland.uk/forests-at-home>**

Kew Gardens are also providing learning at home activities:

**<https://www.kew.org/learning/learning-at-home>**

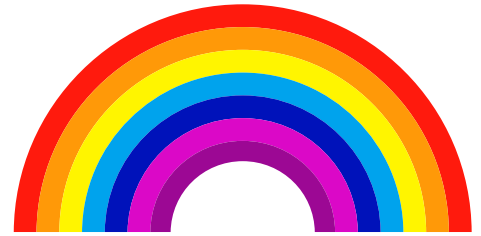
The National Trust have provided some activities to try at home:

**<https://www.nationaltrust.org.uk/things-to-do>**

Creative (music, dance, drama, arts, crafts, cooking)

Cooking

# Activity Pack



## Creative (music, dance, drama, arts, crafts, cooking)

Lots of activities here to try:

<https://www.craftscouncil.org.uk/articles/craft-for-home-school-resources/>

Get the kids cooking with Jamie:

<https://www.jamieoliver.com/features/category/get-kids-cooking/>

or try one of these:

<https://www.itv.com/thismorning/food/beanie-pancakes-joss-stone-recipe> or

<https://www.itv.com/thismorning/food/johns-sausage-and-egg-muffins>

4.00pm - Home Economics with Theo Michaels (Mon/Wed/Fri)

<https://www.instagram.com/theocooks>

Cooking activities including video demonstrations and step-by-step recipes for all different age groups:

<https://www.foodafactoflife.org.uk/>

Lockdown festival

<https://nottstoppingfestival.com/whats-on/>

Try these activities:

<https://funpalaces.co.uk/news/tiny-revolutions-of-connection/>

Youtube Channel for videos for children including music, dance, yoga and stories.

<https://www.youtube.com/channel/UCYjtS-y4336fRG2E0zLDMYg>

Music with Myleene Klass

<https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ>

Free creative and easy makes for children to try at home:

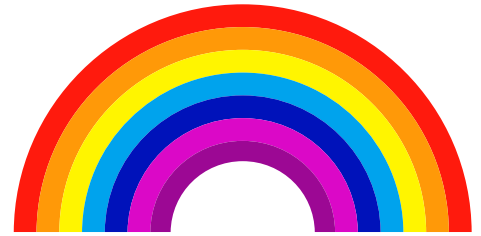
<https://www.easypeasyandfun.com/> and

<https://www.redtedart.com/?cn-reloaded-1>

Dance with Darcey Bussell

<https://www.facebook.com/diversedancemix/>

# Activity Pack



## History and Science

Learn about the history of England with English Heritage:

<https://www.english-heritage.org.uk/learn/story-of-england/>

Science Museum:

[https://www.sciencemuseum.org.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALck3oeWNzzJxXxcfl0cgR3jqSNk2T1ClJ9VfKEie60PKJCOWIrc3zxoCt-kQAvD\\_BwE](https://www.sciencemuseum.org.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALck3oeWNzzJxXxcfl0cgR3jqSNk2T1ClJ9VfKEie60PKJCOWIrc3zxoCt-kQAvD_BwE)

Jorvik Viking Centre:

<https://www.jorvikvikingcentre.co.uk/discover-from-home/>

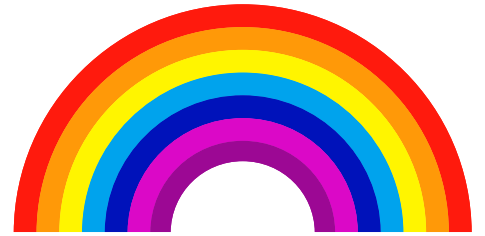
National Space Centre:

[https://spacecentre.co.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALctILadQGvdYY6-moLbpStBYrPpBvCCDgeAgIp4QjPBj0bLa80M3aWxoCrVwQAvD\\_BwE](https://spacecentre.co.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALctILadQGvdYY6-moLbpStBYrPpBvCCDgeAgIp4QjPBj0bLa80M3aWxoCrVwQAvD_BwE)

Houses of Parliament:

<https://learning.parliament.uk/>

# Activity Pack



## History and Science

Historic Royal Palaces:

<https://www.hrp.org.uk/schools/five-brilliant-history-resources-for-home-schooling/#gs.7r3h6r>

Chatsworth House (scroll down to bottom of web-page):

<https://www.chatsworth.org/>

National Railways Museum:

[https://www.railwaymuseum.org.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALcgNrUnzcMz35oIF8R5A0Jh-NXchWzL0q05G2PoKa1StHjXMYQ7eeAdRoCOWkQAvD\\_BwE](https://www.railwaymuseum.org.uk/?gclid=CjwKCAjwztL2BRATEiwAvnALcgNrUnzcMz35oIF8R5A0Jh-NXchWzL0q05G2PoKa1StHjXMYQ7eeAdRoCOWkQAvD_BwE)

Commonwealth War Graves Commission (for older children) scroll down to bottom of web-page for World War histories:

<https://www.cwgc.org/>

Royal Armouries (again for older children):

<https://royalarmouries.org/>

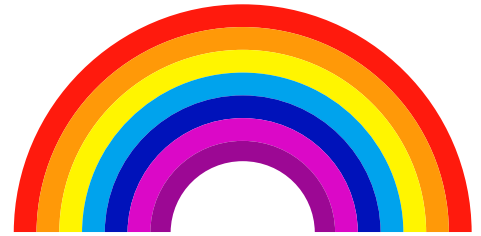
Natural History Museum can be found here:

<https://www.nhm.ac.uk/>

Check out the national Portrait Award 2020 at the National Portrait Gallery:

<https://www.npg.org.uk/>

# Activity Pack



## Miscellaneous

Try the Happy at home 2020 Facebook Group for lots of ideas and sharing stories:

<https://www.facebook.com/groups/860527951053416/>

<https://www.facebook.com/groups/215659579508084/>

Or try this one for educational resources:

<https://www.facebook.com/groups/211941849870220/>

The following websites have some good ideas to keep you entertained during lockdown and beyond:

<https://www.google.co.uk/amp/s/>

[www.hellomagazine.com/healthandbeauty/health-and-fitness/2020040387411/productive-things-to-do-during-lockdown/%3fviewas=amp](http://www.hellomagazine.com/healthandbeauty/health-and-fitness/2020040387411/productive-things-to-do-during-lockdown/%3fviewas=amp)

<https://www.glamourmagazine.co.uk/article/things-to-do-at-home>

Or try this one:

<https://www.scotsman.com/lifestyle/family/50-things-do-kids-lockdown-fun-games-and-activities-entertain-children-home-arts-and-crafts-gardening-and-diy-2544148>

lots of activities to try on the National Justice Museum website:

<https://www.nationaljusticemuseum.org.uk/education/free-resources/>

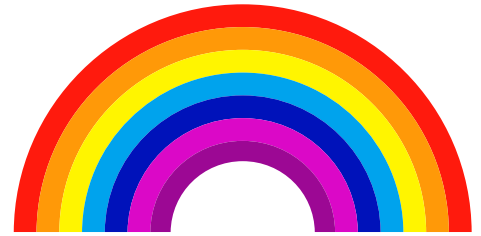
Here's an article from an academic on supporting children through the pandemic:

<https://theconversation.com/supporting-children-through-the-coronavirus-pandemic-lessons-from-the-autistic-community-134567>

You can also read some of the ways Nottingham University is responding to the crisis, and working with local partners to tackle the virus:

<https://www.nottingham.ac.uk/research/covid-19/>

# Activity Pack



## Books and Reading

Borrow an audio book from the Library, registration required and a library card is needed to register:

<https://nottinghamshire.rbdigitalglobal.com/discovery/eaudio>

<https://authorfy.com/>

for free author talks and activities, suitable for all age ranges.

Looking for book recommendations try Booktrust:

<https://www.booktrust.org.uk/books-and-reading/bookfinder/>

Many authors also have an online presence so try searching for a favourite author on google, Instagram or Twitter.