Issue 56 Summer 2021

CONTACTS What's in store?

New multi-million pound investment in the borough



Serving people Improving lives

f gedlingborough 🔛 gedlingbc

NO CO

@gedlingbc

Leader's column

Welcome to the summer edition of Contacts. In this issue we have some exciting updates on developments across the borough including news on Arnold Market, reopening leisure centres, The Bonington Cinema and Café 1899 at Gedling Country Park, as well as details of several consultations we've launched.

Over the last year we've seen a surge in visitors to our parks and open spaces, with many users finding new places to exercise and socialise when rules allowed. We've got some truly fantastic green spaces in our borough, four of which are recognised with the Green Flag Award, and so in this issue (pages 14 and 15) we've highlighted some of these areas.

On page 8 we have details of the Gedling Conversation, our survey to find out what issues matter most to you, so we can shape our services around these priorities and follow our ethos of serving people, improving lives.

I'd like to once again thank our incredible NHS and key workers for the amazing jobs they do, as well as to all our residents, for your continued support in following the national guidance, helping to get businesses back open and enabling us all to get back to a more normal life.



Councillor John Clarke is the Leader of Gedling Borough Council. You can contact him in writing at the Civic Centre, Arnot Hill Park, Arnold, Nottingham, NG5 6LU or by emailing cllr.john.clarke@gedling.gov.uk

*Please note all information in this issue was correct at the time of writing but may be subject to change

Cabinet Members



Cllr John Clarke Leader of the Council



Cllr Michael Payne Deputy Leader Responsible for Resources and Reputation



Cllr David Ellis Responsible for Public Protection



Clir Henry Wheeler Responsible for Housing, Health and Wellbeing



Clir Gary Gregory Responsible for Community Development



Cllr Jenny Hollingsworth Responsible for Growth and Regeneration



Clir Peter Barnes Responsible for Environment



Cllr Viv McCrossen Responsible for Young People and Equalities

For a full list of the Cabinet's responsibilities visit www.gedling.gov.uk/councillorsmeetings



KEEP ME POSTED

Get free bin collection reminders

Get a free weekly email reminder the night before your green, black, brown or glass bin is due to be collected.

We will also notify you about any service disruption near you or changes to your collection so you'll never miss out.



To sign up visit www.gedling.gov.uk/reminder



Contents

Arnold Market	6-7
Sainsbury's for Colwick	9
Walking in Gedling	14-15
Generation Rent	21
Bonington reopens	24
Mayor's news	31

Having trouble reading this?

Please email communications@gedling.gov.uk if you need it in large print, audio or another format.

Tomorrow will be a better day

A memorial stone dedicated to the memories of Gedling Borough residents who have tragically lost their lives due to Covid-19 has been installed at Eagle Square in Arnold Town Centre.

The stone was unveiled by the Leader and Deputy Leader of the Council and the Mayor of Gedling and her consort visited the new stone to lay flowers and pay their respects.

The stone was designed by local firm, D & M Monumental Masons. The stone has been carved and engraved with the words 'Tomorrow will be a better day' which were words spoken by the late Captain Sir Tom Moore, who became a symbol of hope for millions during the pandemic when he raised over £30 million for the NHS. The permanent tribute also contains an engraving that thanks NHS staff, carers and key workers for their work during the pandemic.

RESTAURAN

KOMOR POL

WEDMALANGRADIN OF THE LIVES LOST TO COND. OF AND WITH THANKS FOR THE SELFLESS COMMUNICATION OF OUR

CARERS AND ALL WORKER WILL

BETTER

Across the borough, over 300 people have sadly lost their lives with Covid-19 since the start of the pandemic.

In February, on Valentine's weekend, the council held a vigil at the Civic Centre to remember all those who have died with the virus. To remember all of the husbands, wives, mothers, fathers, sons, daughters and partners, hundreds of candles were placed around the council's emblem in the main foyer, one for every life lost in the borough.

Devastatingly, the number of deaths has risen since the candle-lit vigil took place.

NEW COMMEMORATIVE WOODLAND TO BE CREATED AT GEDLING COUNTRY PARK

We have announced plans for a new 10-acre commemorative woodland at Gedling Country Park for people to remember those who have lost their lives to Covid-19 and other illnesses.

The new 10-acre woodland area will be placed within the 230-acre park and is being created as part of the council's plans to create a more sustainable environment and to continue its work to become a greener council.

The council has planted over 1,000 trees in the borough over recent months including an orchard within the park a few weeks ago. This new woodland will see a further 6,000 trees planted, with many of the trees sourced locally.

We want residents and local businesses to get involved in helping to shape the woodland. Email your ideas for native tree species and names for the new woodland space to **communications@gedling.gov.uk**

New Orchard at Gedling Country Park

A new Community Orchard has been created at Gedling Country Park. Our rangers have installed a number of fruit and blossom trees as part of ongoing works to improve the destination country park.

Over 20 native trees have been planted, including apple trees, heritage pear trees, damson trees and cherry trees. All of the trees originate from the Nottingham area.

The new orchard will also play a vital role in supporting local wildlife due to the produce created from the trees. The tree planting is part of the council's pledge to plant 500 new trees, which has already been exceeded.

The orchard is situated near the Spring Lane entrance to the park, near the butterfly walk and bee garden.



Building the future for Arnold Market

Work has started on a new two-storey building at Arnold Market by developers G F Tomlinson, the same company who built the council's iconic Café 1899 at Gedling Country Park.

The project in Arnold Town Centre will receive the most significant investment it has ever had, with up to £4 million allocated to the project as part of the council's plan to revitalise the centre and create a new space that will help boost visitors to the town centre and support local businesses.

The flagship two-storey building will sit between the existing Methodist Church and King George V Park and will frame the new market place, as well as create an eastern gateway into Arnold Town Centre. The building will contain seven small units for local independent businesses as well as an additional space above, which could be used for a variety of



commercial options, and a new public space will be created as a central focal point for the market.

Funding for this project will come from the council's capital programme budget, boosted by a successful bid for £1.25 million from the D2N2 Local Enterprise Partnership's Local Growth Fund that supports town centre improvements. The project will create around 40 new jobs through business employment and the construction of the buildings.

The building has been designed by Maber Architects, who specialise in landscape and master planning services. The council is also working with local designers on the branding and naming of the building, which will be announced soon.

The building is expected to be completed by spring 2022.







The Gedling Conversation

This summer we are launching our residents' survey to find out what issues matter to you the most.

The Gedling Conversation is our regular consultation with residents, where we ask you to tell us about the things that you are concerned about where you live. The survey is used to help us shape our services and to gather your feedback on how we can improve the borough as a whole.

The survey asks questions about what you think are the most important services for you and your family, these services include the ones provided by our partners, Nottinghamshire County Council, the local NHS Clinical Commissioning Group and Nottinghamshire Police. We then use this information and compare it to previous years to see what the trends are around important issues such as community safety, and to better understand what are the priorities for our residents.

The survey is being delivered to all households across the borough. Please take a few minutes to fill out the form and send it back to us, or you can take the survey online at **www.gedling.gov.uk/haveyoursay**

Every response helps us to gain an important picture of what you think our priorities should be.

Take the survey at www.gedling.gov.uk/haveyoursay

Sainsbury's

New jobs and investment in Colwick thanks to multi-million pound Sainsbury's store

Work on a new Sainsbury's store, just off the Colwick Loop Road, is progressing, with the foundations and steel frames completed ready for the next phase.

The council had continuously lobbied Sainsbury's to develop on the underused, brownfield site in Colwick, working with the company to secure the development for the borough, which brings with it a number of economic benefits and employment opportunities.

Over 150 jobs for the local community are expected to be created at the store and hundreds of construction jobs have also been created thanks to the development, with over 550 tradespeople expected to work on site over the course of the build.

The new store will stock a mixture of food and drinks, clothing and homeware items as well as including an Argos inside the store. A large car park with electric charging points and a new petrol station are also being built at the site.

Staff from the store will play an active role in the local community and support Sainsbury's nationwide community programmes and charity partners.

The store is expected to open later this year.





BAKERY RISING TO THE TOP

A local baker has opened up her own shop in Arnold following the success of a stall at the Christmas market.

Nikki Brown opened the Brown Bird Bakery on Croft Road, Arnold, near Front Street, after a successful appearance at the council's Christmas market in December 2020. Nikki had a stall on Eagle Square as part of the Fair in the Square and was so overwhelmed with the response that she decided to open a venue in the town centre.

The venture, which started out as a hobby, has seen great success with high demand for their specialist cakes and sweets. The bakery offers cakes, sweets, drinks and afternoon teas as well as soup and jacket potatoes. They have an indoor seating and dining area as well offering a takeaway service.

On the opening day back in May, our business advisor, Hana Glover, went along to offer support and make sure Nikki and her team had everything they needed to open and be covid secure (as well as trying out the delicious cakes of course). Throughout the pandemic, our business advisors have been visiting businesses to help them reopen safely. The team offer one to one support to help businesses to be covid secure, help with business grant applications and general support about how to improve their businesses.

Business advisor Hana Glover with Nikki Brown

For more information about our business support service or to make an appointment email ecdev@gedling.gov.uk



Equality and Diversity Policy

In May we launched a consultation on our Equality and Diversity Policy to get your feedback and help shape it.

The new policy sets out the commitment that the council has to promote equality and diversity, both within the organisation and through service delivery, and how we aim to eliminate discrimination, harassment, victimisation and challenge inequalities.

The policy and action plan alongside it shows that we have already embedded it into our Gedling plan, including objectives to; reduce poverty and inequality, provide support to the most vulnerable, improve social mobility and life chances, improve health and wellbeing, reduce health inequalities and reduce levels of loneliness and isolation.

The policy also sets out how equality and diversity will be further embedded across the council. This includes senior leaders, members and officers acting as ambassadors for equality and diversity.

The consultation ran for six weeks in May and June and asked consultees to read and review the action plan proposals for the policy and the draft version of the policy itself. The responses will be used to help shape the policy and we will be publishing more information soon.

For more information about the council's equality and diversity policy, visit www.gedling.gov.uk/equality



FREE BULKY WASTE COLLECTIONS FOR PENSIONERS

As part of the council's ongoing work to support elderly residents and reduce inequality and hardship in the borough, any pension-aged resident can now request a one-off collection of large items such as sofas, fridge freezers, carpets, mattresses and other items at no cost.

Around 11,000 residents across Gedling are eligible to take advantage of the scheme, which works alongside the existing free bulky waste collections for all households in the borough in January and February each year.

This year hundreds of households signed up for the free collections, which help to reduce fly tipping and contaminated bins. This new scheme will work in the same way, except it will be available all year round. By using this service, eligible customers will be saving up to £30, based on a three-item collection.

Bookings for the free collections can be made by calling the council on 0115 901 3901. When requesting the service, customers will be asked to confirm that they are of pensionable age and collections are subject to availability.





Peter Barnes visit the new games area

£58k refurbished **Carlton park now open**

New and improved facilities at Onchan Park, Carlton, are now open, following £58,000 worth of investment, including a brand new multi-use games area suitable for playing football, basketball and

New floor surfacing in the multi-use games area has replaced the existing tarmac on the old tennis court and an additional entrance with an improved footpath has been created from Onchan Avenue, allowing access for disabled park users and pushchairs.

Improvements have been made thanks to funding from FCC Communities Foundation, a not-forprofit business that awards grants for community, conservation and heritage projects from funds donated by waste and resource management company FCC Environment, through the Landfill Communities Fund, FCC Communities Foundation provided £58,265 for the park refurbishment.

The funding bid was made jointly by Gedling Borough Council and The Friends of Onchan Park, a local residents' community group which formed in 2016 to help look after the park, as well as enabling the local community to have their say in how the site is managed.



LOCAL ELECTIONS

In May local elections were held for Nottinghamshire County Council and the Police and Crime Commissioner for Nottinghamshire.

The elections took place on Thursday 6 May. In the borough of Gedling, we had a turnout of 37.9%, which means 34,182 votes were cast from a possible electorate of 90,180.

In the Nottinghamshire County Council election the Conservative group won 37 of the 66 seats available and therefore have a majority. The elected members for the Gedling Borough wards are as follows:

Arnold North:	Michael Payne (Lab) and Pauline Allan (Lab)
Arnold South:	John Clarke (Lab) and Michelle Welsh (Lab)
Calverton:	Boyd Elliott (Con)
Carlton East:	Mike Adams (Con)
Carlton West:	Jim Creamer (Lab) and Errol Henry (Lab)
Newstead:	Chris Barnfather (Con)

The Police and Crime Commissioner election for Nottinghamshire was won by Caroline Henry (Con).

For more information about the election results visit www.gedling.gov.uk/elections



Walking Routes in Gedling

Walking is a brilliant way to help maintain and improve your physical and mental health, connect with nature and socialise with others.

From breathtaking scenery at our flagship Gedling Country Park to riverside walks in Burton Joyce, heritage rich routes at Newstead Abbey and smaller trails around Arnot Hill Park in Arnold, we have some stunning parks and open spaces across the borough, with walks suitable for all levels and abilities.

We've highlighted some of the fantastic spaces you can visit for walks, but there are even more urban parks, nature reserves and areas across the borough for you to enjoy. Tag us on social media with #WalkingGedling to share your favourite routes.

To find out more about these areas and others, go to www.gedlingheritage.co.uk/parks-and-nature-reserves and view our parks and walks map at www.gedling.gov.uk/gedling-walks



Memorial woodland

The Carlton Hill Community Action Group have been fundraising to create a memorial woodland to remember the people of Gedling Borough who have tragically lost their lives due to the Covid-19 pandemic.

The woodland, in Carlton Hill Recreation Ground, will be a place where people can pay their respects in quiet contemplation while enjoying the outdoor space.

The group have been fundraising to provide native trees, wildflower planting, seating areas, interpretation boards and a memorial. They have been given support from Gedling Borough Council who have provided help and guidance to the project since it launched last year, and the group are grateful for funding received from Gedling and Carlton councillors.

The Carlton Hill Community Action Group is a community association created to promote the Carlton Hill area by encouraging support for local business and the local high street. The group also support initiatives that promote health and wellbeing for local residents.

The money raised to date has been used to design a memorial plinth and plaque, seating area and to plant new trees and spring bulbs. Further fundraising will go towards signage about the types of trees planted, and on additional trees and wildflowers.

The area is due to be opened later this year. You can donate to the scheme by visiting www.peoplesfundraising.com/ fundraising/memorialwoodland





Do you know a building that is a local heritage treasure?

We want to hear your views on buildings that should be added to our local heritage list. We have a great list of iconic places and nationally listed buildings such as Arnot Hill House, Calverton War Memorial and Home Brewery, but we want to hear about some of the hidden historic gems that our residents may know about that are not on the local list.

By adding a site to the local heritage list, it gives the building a more protected status and could be taken into account with any future planning applications on or nearby the site.

We currently have over 140 buildings on our local heritage list but we know there are more out there that have a historic significance that we need to include. A provisional local heritage list and information on nominating a building is available online:

www.gedling.gov.uk/planning-heritage

To find out more and search for sites near you, visit www.historicengland.org.uk



Arnot Hill House in Arnold

More CCTV to keep communities safer

A new CCTV camera has been installed on Conway Road Recreation Ground, Carlton, as part of the council's work to reduce crime and anti-social behaviour in the borough.

The camera, which cost £19,500, covers the whole of the recreation ground, including the children's play area, which opened in August 2020. The park features equipment such as slides, roundabouts, multi play units and swings. The camera is controlled and monitored from the council's CCTV room based in Arnold.

Conway Road is the latest site to benefit from new CCTV equipment and follows a number of new cameras installed by the council in the borough over the last 12 months to make communities safer.

afé 1899 welcomes

The council owned café at Gedling Country Park has welcomed back diners after only being able to operate a takeaway food and drinks service for the last year.

While park visitors can still call at the hatch to take away refreshments any day of the week, the café was able to open a new, pet friendly, outdoor seating area in May.

The brand new, partially covered, decked area in front of the café was completed during lockdown. Since opening, it has proved extremely popular, with visitors enjoying breakfasts, lunches and snacks from the café, while admiring magnificent views over the park and surrounding areas.

Outdoor tables are available on a first come, first served basis for café customers only, but there are picnic areas and tables around the park for visitors to Borough Council, Councillor John Clarke at the the new outdoor seating area

Councillor Gary Gregory and Leader of Gedling

use when they bring their own food and drink.

Safety measures remain in place, including tables being allocated to customers by staff at the hatch and being set out to enable social distancing, regular cleaning and a one way system, to help ensure the safety of all customers and staff.

At the time of writing it is currently planned that the indoor seating area will reopen in June and everyone will be able to enjoy delicious meals, both indoors and outside Café 1899 from then.

Find out more about the café and the park at www.gedling.gov.uk/gedlingcountrypark or call the café team on 0115 926 1388.

*PLEASE NOTE THAT THE PLANS AND RESTRICTIONS IN PLACE AT THE TIME OF WRITING ARE SUBJECT TO CHANGE, IN RESPONSE TO GOVERNMENT GUIDANCE UPDATES.



Football legend visits Gedling park

Former Manchester United and England footballer Andy Cole visited one of our parks earlier this year as part of filming for a documentary about the Windrush generation. Andy Cole is one of the most decorated footballers in recent history, winning the 'treble' with Manchester United in 1999 and scoring 187 goals for club and country.

Andy Cole was joined by the British writer and poet Benjamin Zephaniah to talk about Andy's childhood in Nottingham and the background of his father, Lincoln, who emigrated from Jamaica to England and worked at Gedling Colliery from 1965 to 1987.

The Gedling Colliery site has now been transformed into Gedling Country Park and we took Andy on a tour of the park and showed him some of the places, including the memorial garden, where we highlight the heritage of the former coal mine in the park.

The documentary is being made for BT Sport and will include interviews with several sporting icons about the influence of the Windrush generation in Britain. It is due to be aired in the autumn. Visit www.btsport.com to find out more about the programme.

Benjamin Zephaniah and Andy Cole at Gedling Country Park





MLW Electrical Contractors Ltd

Domestic • Commercial • Maintenance

We are a family run business based in Arnold who provide quality workmanship and value for money. Our range of services include:

- Inspection and testing (EICRs)
- Extra sockets or lights
- Full or partial rewires
- Alterations or new builds
- **CCTV** and alarms

Get in touch for a free quote on: 07713590137 Tel: Info@mlw-electrical.co.uk Email:



Care and Support

Sherwood House

Choosing the right residential care home is a big decision, whether it's for you or for a loved one.

At Sherwood House we have a strong, committed, enthusiastic team of staff who take pride in creating a 'home from home'.

In the pretty village of Linby our beautifully refurbished period home has been fully modernised to meet varying needs including; mobility issues, physical disabilities and lack of confidence to live independently.

Whether you're looking for long-term accommodation or short-term respite care. Sherwood House offers a warm welcome to all.

Call us today to find out more about how we can help care for you or your loved one. We also offer RESPITE care



0 0115 964 2721 and quote CONTACTS

- sherwoodhousemanagement@ncha.org.uk
- www.sherwoodhouse.org

Flood prevention works to support Arnold businesses

£55,000 worth of new flood prevention works have been completed in two Arnold car parks to help prevent flash flooding causing damage to local businesses nearby on Front Street in Arnold Town Centre.

Around 20 businesses will directly benefit from the improvements to High Street Car Park next to Arnold Leisure Centre and Blatherwick's Yard Car Park, near Front Street.

The works were carried out by Alliance Contracting, who have installed drainage pipes with slow release outlets, which store run off water from heavy rainfall and slowly release it back into the main drainage systems, reducing the risk of damage caused by flash flooding or preventing it alltogether.

Generation Rent consultation launched

With thousands of privately rented homes in Gedling, we want to find out how we can better support private renters in our area. While most privately rented homes in Gedling are in good condition, there are some where repairs or essential improvements have been neglected and a minority where criminal landlords rent out homes that are unsafe to live in.

We are working to ensure that homes in the district are secure, safe and energy efficient. We want to find out more about the experience of private renters so that we can work towards improving our support for residents now and in the future.

To help achieve this we have partnered with Generation Rent, the national campaigning body for private renters, to launch a pilot consultation with private renters in four wards: Colwick, Killisick, Netherfield and Newstead.

In May, we launched a consultation asking for views of residents and landlords and we are now processing the responses to help shape how we go forward to support private renters. We will be hosting a number of events and focus groups to gather more views.

You can find out more by visiting www.gedling.gov.uk/generationrent



WELCOME

PLEASE COME IN

IP

Revisit old favourites and discover new places to love!

www.gedling.gov.uk/shoplocal



European Union European Regional

Development Fund

Gedling

Taxi checks

The council has worked on a joint operation alongside Nottinghamshire Police, the DVLA and neighbouring local authorities to stop and check taxi drivers operating in the area, ensuring that their vehicles were safe and that their licences were up to date and on display.

In total 38 drivers were stopped and taken to Arnot Hill Park in Arnold for vehicle inspections and driver checks. Advice was given to 10 drivers on improvements they could make, or will need to make to their vehicles shortly, one driver was issued with a temporary suspension until a vehicle defect was repaired, and one driver had their license suspended.

This was the second operation of its kind that the council has taken part in since October last year, working closely with the Police and other authorities, as well as increasing engagement with local communities to develop the council's approach to licensing regulation and enforcement, a priority in the council's Gedling Plan.

The checks ensured that; vehicles met the council's standards and legal requirements for calibrated taxi meters for hackney carriages, plates and licences were displayed correctly, tyres were correct and safe and all safety equipment such as first aid kits, fire extinguishers, no smoking signs and spare vehicle bulbs were in the vehicles.







THE BONINGTON IS BACK!

The Bonington Theatre and Cinema re-opened its doors in May, after closing in November in response to the Covid-19 pandemic.

Since 17 May, the venue in Arnold has been screening the latest blockbuster movies, family favourites and award winning films, including Peter Rabbit 2, Nomadland and Godzilla vs Kong, with safety measures in place and a reduced capacity. The tiered cinema seating has returned, initially with a maximum of 50 tickets per screening, only one booking per row and nobody seated directly behind or in front of customers.

At the time of writing, face coverings are still required in cinemas, except for when eating or drinking. Hand-sanitising stations are available and extra cleaning takes place between screenings. Safety measures are subject to change as more restrictions may have lifted by the time of publication.

All tickets should be booked in advance through the Bonington website or by calling the box office on 0115 901 3640. The box office is open 30 minutes before screenings for in-person bookings, if they are not sold out. Some seats are marked as unavailable on the online booking system, to enable social distancing. If you require more or fewer seats than are showing as available, please call the box office.

Film tickets cost £5.30 (Standard), £4.40 (Concessions) and £4 (for members of the new 16-25 year olds' scheme).

Full details about the upcoming films and the latest safety measures are available at www.boningtontheatre.co.uk.

New cinema membership for 16-25 year olds

Bonington Theatre and Cinema is offering 16-25 year olds a membership scheme that gives them access to a range of offers including reduced price tickets, workshops, events and special screenings thanks to funding from the British Film Institute (BFI).

With support from the BFI, awarding funds from the National Lottery, the cinema has been granted £8,000 as part of its Young Audiences Generation Scheme. The scheme has allowed the cinema to launch a membership scheme with the aim of increasing the number of young people attending local cinemas, by introducing a new programme of screenings and ticket prices for members. The programme includes showings of some of the latest blockbuster, independent and award winning films as well as a series of exclusive events with guest speakers and special screenings, centred on short-film, video content, advertising and journalism. The funding will allow the council run cinema, which is located on Front Street in Arnold, to offer reduced price tickets for some of the biggest cinema screenings with members tickets costing $\pounds 4$.

The 16-25 year olds' scheme is free to join. Sign up at www.boningotntheatre.co.uk/ youngpersonsmembership



What's on at The Bonington

July – September 2021

Cinema

André Rieu 2021 Summer Concert Another Round



Black Widow Dream Horse



The Green Knight Hotel Transylvania 4 Martin Eden One Night in Miami Paw Patrol

Space Jam 2: A New Legacy



Supernova Top Gun: Maverick

Workshops



Ellie & Abbie (& Ellie's Dead Aunt) Friday 16 July £9 general admission/Free 16-25 members Film screening and stand-up comedy show.



Boxing lessons with Nottingham School of Boxing Saturday 24 July Free

Ages 8-13, 3.30 - 4.30pm Ages 14+, 5 - 6pm

Book a beginner lesson and get two free tickets to a screening of One Night in Miami.

Music



Sensation – ABBA tribute band Friday 24 September £15

Sensation, the fantastic ABBA tribute band, will transport you back to the golden days of ABBA, with stunning harmonies, costumes, choreography and a sprinkling of lighthearted humour.

Cinema tickets

£5.30 | £4.40 (concessions) | £4 16-25 Members

Tickets are available online or by calling the box office. If you require sets of more or fewer seats than are shown as available online, please call the box office.

0115 901 3640



🍠 @thebonington



Bonington Theatre, High Street, Arnold NG5 7EE

Helping Gedling to get fit again

Once again leisure centres across Gedling have re-opened and are providing pools, gyms, exercise classes, racket sports, football, swimming lessons and more!

Carlton Forum, Redhill, Calverton and Arnold Leisure Centres have now all reopened after closing for the last lockdown. As before, there are extra safety measures in place and all sessions need to be pre-booked online, via the app or by calling one of the centres.

All of the safety measures are outlined at www.gedling.gov.uk/leisure

Staff at the centres are committed to helping people of all ages across the borough to improve their fitness levels, especially after the last year where we've not been able to get out and about as much as we might have liked. To help with this, not only are the classes, pools and gym equipment back in use, the centres have also introduced a number of new features for 2021:

• FREE swimming lesson for children – if your child is ready to learn to swim, give our swimming lessons a try for free.



• FREE Boditrax machine fitness assessment (Carlton Forum and Redhill gyms) – grab a three day pass and book in for an assessment and chat with a fitness advisor afterwards about your results.

• Les Mills BODYPUMP classes – we're bringing the world famous, strength building classes to Gedling! They are included with memberships, or you can pay as you go.

 Good Boost – group and individually tailored sessions with waterproof tablet computers displaying gentle, water-based exercises to follow in the pool. Sessions are designed to reduce pain and increase strength and mobility and are suitable for a wide range of health conditions including osteoarthritis, hip and knee pain and musculoskeletal conditions. You can pay as you go with a Gedling Leisure Card or sign up to become a DNA member. There is no tie in as we have removed all contracts, so you can cancel without a penalty at any time.

As well as the many fitness activities on offer, the leisure centres have once again been taking bookings for their popular children's parties from summer onwards. Call a centre to check availability.

> Find out more and order a free three day pass to try any of the facilities for free, at www.gedling.gov.uk/leisure or call the centres on:

> > Arnold 0115 901 3690 Calverton 0115 901 3800 Carlton Forum 0115 987 2333 Redhill 0115 901 3630

Are you **Bin smart?**







With a few easy steps, we can reduce contaminated bins. Here's what you need to know:

Only these items can go into your recycling bin and they should be clean. drv. empty. loose and not placed in plastic bags.

Remember – if in doubt, leave it out



Thank you for recycling www.recyclefornottinghamshire.co.uk

*Please take your lids off and put them in your general waste bin.

Did you know?

- If the wrong things end up in your green bin, it can spoil the whole lorry load of recycling, which then all has to be disposed of, rather than recycled.
- One of the most common reasons that green bins are rejected across the borough is because the recyclable items in them have been put into plastic bags.
- You can't put shredded paper in your green bin because it's too small and won't get picked up in the sorting process at the recycling facility (you can put it in a compost bin though).
- Paper and card can't go in your green bin if it's got food residue on it (like greasy pizza boxes).
- Nappies are not recyclable and must go in your black bin.
- Leftover food doesn't go in your green bin (but you could get a compost bin and use it to help your garden grow).

By making sure we all put the right stuff in our green bins, the more rubbish we can recycle across the borough and the more we will all help our environment.

For more information on waste and recycling visit www.gedling.gov.uk/rubbish





Foster for Nottinghamshire

We're in great need of foster carers who can offer strength and stability to children and young people in need of loving and nurturing homes in Nottinghamshire.

Could you offer roots of stability to a child in need?

Find out more and see upcoming fostering information events on our website and Facebook page:

nottinghamshire.gov.uk/fostertoday
FosterNotts
0115 804 4440





Nottinghamshire County Council



Remembering Jess

Staff at Gedling Borough Council and Jigsaw Homes Midlands were incredibly sad to learn about the passing of artist Jess Kemp earlier this year. Jess worked on an extensive number of projects across the borough over the last ten years and was a key member of the Gedling Artists group and the wider Nottinghamshire arts community.

Jess was an incredibly versatile artist, working on the beautiful murals on the former aviary in Arnot Hill Park, and for a number of years she supported Jigsaw Homes tenants, delivering craft and textile projects and encouraging people to learn and share new creative skills. Jess attended local events showcasing and enthusing about the creative projects she worked on, and she curated exhibitions at Arnold Library and other venues to enable participants' work to be experienced by the wider community. Her work with Jigsaw Homes tenants also included two inter-generational projects with children from Killisick Junior School and students from Carlton le Willows Academy and a memorable carnival costume procession at Arnold Carnival in 2014.

Jess surrounded those she worked alongside with positivity. Her work always brought people together and enabled people to feel connected to their community.

Our thoughts are with Jess's family at this sad time.



The new Mayor of Gedling, Councillor Meredith Lawrence

- 12/5/2021 Norm Councer's Hourse- Browne Ro Dovice The Toolmon Tones theread and C 10, 318 L 19 Descare Domes there There There I Dovice I Downey

Councillor Barnes delivering funds raised during her term as Mayor

Mayor's News

Councillor Meredith Lawrence was elected as the new Mayor of Gedling at the council's AGM in May. Councillor Lawrence, who served as Deputy Mayor last year, will replace the outgoing Mayor, Councillor Sandra Barnes.

Councillor Lawrence has been a Councillor for 25 years and this is his second term as Mayor of the Borough. As well as representing the council as the First Citizen of the borough, he also chairs Full Council meetings and has the casting vote at meetings, when required.

The outgoing Mayor, Councillor Barnes, was elected as Mayor in 2019 and due to the pandemic, had her term extended for the 2020-21 civic year. During this time, Councillor Barnes raised almost £13,500 for her chosen charities. Funds raised in 2019-2020 were donated to local asthma charity, Breathe Easy, for new nebulisers as well as to the QMC Asthma Unit, who used the funds to purchase a specialist respiratory device, known as a Resmon Pro. Councillor Barnes was concerned by the impact of Covid-19 on people who already had breathing and respiratory issues and chose the Asthma Unit at Nottingham City Hospital as her chosen charity for 2020-2021.

As well as fundraising, Councillor Barnes also attended a number of community events and openings when restrictions allowed and was the first Mayor to chair virtual Full Council meetings.

We'd like to thank Councillor Barnes for her time in office and congratulate her on raising an incredible amount of money for charity.

The Mayor's chosen charity this year is local counselling service, We R Here, who support children and families who've experienced traumatic life events such as grief, loss and bereavement.

We wish Councillor Lawrence the very best for his year in office.

For more information about the Mayor, contact the Civic Office on civic@gedling.gov.uk or call 0115 901 3844.



Gedling Pet Cremation Services

When the time comes to say goodbye to your pet, we will be there for you.

Tel 0115 901 9317 www.gedlingpetcremations.co.uk





OUR SERVICES

- Tree pruning
- Tree removals
- Hedge trimming
- Tree assessment

Find out more online or call for a no obligation quote: www.gedling.gov.uk/TreesContacts Tel. 0115 901 3713

TREE SERVICES

Trusted, professional tree surgeons providing affordable, quality services



