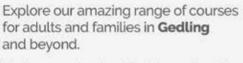




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Pick up our Inspire Adult Learning Course Guide 2024 summer edition in your local Inspire library, or view online at inspireculture.org.uk/learning

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Distance Learning



Cabinet Members



Cllr John Clarke MBE Leader of the Council



Cllr Michael Payne Deputy Leader Responsible for Corporate Resources and Performance



Cllr David Ellis Portfolio Public Protection



Cllr Jenny Hollingsworth
Portfolio Sustainable Growth
and Economy



Cllr Henry Wheeler Portfolio Lifestyles, Health and Wellbeing



Cllr Marje Paling Portfolio Environmental Services (Operations)



CIIr Viv McCrossen
Portfolio Climate Change
and Natural Habitat



Cllr Kathryn Fox Portfolio Life Chances and Vulnerability



Councillor Lynda Pearson Portfolio Communities and Place

For a full list of the Cabinet's responsibilities visit www.gedling.gov.uk/councillorsmeetings

Leader's column

Welcome to the summer edition of Contacts magazine. As this magazine went to print, a General Election was called and the results of that election will have been announced by the time you are reading this.

In May there were two elections that affect the borough, the first was the East Midlands Combined Authority election, where the first ever Mayor for Nottinghamshire was selected. We will be pushing the incoming Mayor to reassure us that Gedling will receive its fair share of funding to reduce anti social behaviour and improve transport links. The second election was for the Police and Crime Commissioner and both results can be read about on page 8.

On the subject of funding, we were very pleased to find out that we had been allocated £20 million from the government's Towns Fund. The money will be allocated over a 10 year period and a Towns Fund group will be set up to independently look at the best way to spend the money and we look forward to what will come of it.

We are also launching a consultation on our Ambition Arnold plan and we want residents to have their say on some of the things we want to do to improve the town centre and help support local businesses, you can see the plans on page 5.

And finally, we are delighted to launch our annual Pride of Gedling Awards. The awards recognise the very best of our community so please do get nominating your local heroes, read more about this on page 12.



Councillor John Clarke MBE is the Leader of Gedling Borough Council. You can contact him in writing at the Civic Centre, Arnot Hill Park, Arnold, Nottingham, NG5 6LU or by emailing cllr.john.clarke@gedling.gov.uk

*Please note all information in this issue was correct at the time of writing but may be subject to change



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Having trouble reading this?

Please email

communications@gedling.gov.uk if you need it in large print, audio or another format.



New Enterprise Centre to be created at The AMP



Gedling Borough Council has announced plans to create an Enterprise Centre that will support local start ups and small to medium enterprises at our flagship AMP business unit in Arnold.

We have published a report that is allocating a significant investment of £655,000 into fitting out the vacant first floor of the building to boost economic growth and provide a space for offices, conference and training room in the heart of Arnold.

The AMP was opened on the former Arnold Market site in 2022 and is home to several thriving small businesses on the ground floor. We always had plans to develop the first floor space and the project has received £655,000 from the UK Government through the UK Shared Prosperity Fund so that work

can begin and is expected to be completed by the Autumn.

The project will support several council priorities including revitalising town centres, support economic growth and creating jobs in the area. It will also increase footfall to the town shopping precinct and support the existing businesses in the area.

We have also announced investment plans in the northern part of the town with the purchase of vacant units and the creation of a vision for the entire town centre with the aim of attracting investment opportunities following the disappointment of not receiving any UK Government Levelling Up funding in the latest round of bids.







Ambition Arnold - Have Your Say

We're embarking on an exciting journey to breathe new life into Arnold town centre, and we want you to be a part of it. We are launching a consultation on a vision aimed at revitalising Arnold and creating a town centre we can all be proud of and you can have your say and win £50 in our prize draw.

Thanks to funding from the government's One Public Estate programme, we've secured £150,000 to kickstart feasibility studies. This funding, along with £200,000 from council budgets, will fuel the creation of a business plan, surveys, and design works.

Back in November 2023, we unveiled plans for a new vision. This plan is essential for tackling long-standing challenges and securing vital external funding.

Partnering with experienced consultants Willmott Dixon, we're crafting a vision focused on economic viability, deliverability and future sustainability. From tackling

dilapidated buildings to enhancing the public spaces, every aspect is designed to unlock investment and breathe new life into Arnold town centre.

As part of our commitment to Net Zero by 2030, our proposal prioritises sustainability. Think green spaces, cycling routes, public transport enhancements, and EV charging facilities. We're determined to create a town centre that not only thrives economically but also nurtures our environment for generations to come

Your Voice Matters

We're inviting residents, businesses, and local communities to review the proposal. This is your chance to shape Arnold's future and ensure that our town centre reflects the needs and aspirations of everyone who calls it home.

To have your say visit www.gedling.gov.uk/ business/ambitionarnold/



£20 million towns fund boost

Gedling Borough Council has been awarded a significant funding boost, with up to £20 million allocated over the next 10 years to support community projects aimed at regenerating the area, make it safer and improve connectivity and transport.

This funding comes as part of the Long-Term Plan for Towns, a government initiative designed to invest in local communities and empower them to address their unique challenges and opportunities. The Department for Levelling Up & Communities wrote to the council to inform us that Carlton was one of 55 towns to receive funding following two unsuccessful bids for levelling up for our town centres.

The payments are structured as 'endowment-style', providing the council with the financial stability and flexibility to plan and implement projects over the 10-year programme duration. This approach allows for a more strategic investment in interventions that are closely aligned with local needs and priorities.

There are three themes that the funding could be used for, which are:

- Safety and security
- High streets, heritage, and regeneration
- Transport and connectivity

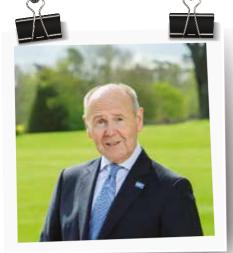
A critical part of accessing this funding is the formation of a Town Board, which will be made up of community members, local business representatives, councillors, and the local Member of Parliament. The board will be chaired by an Independent Chair, ensuring a balanced and inclusive approach to decision-making. The board's creation and the development of a long-term investment plan are required for the funding to be released.

Community engagement is a cornerstone of the scheme, with a strong emphasis on incorporating the voices and opinions of local residents in decisions regarding the allocation of funds. This approach aims to ensure that investments reflect the community's aspirations and contribute to a shared vision for the area's future.

For more detailed information on the funding and the Long-Term Plan for Towns, visit

www.gedling.gov.uk/carlton-town-board





Town board chair appointed

Sir John Peace has been appointed as the interim independent chair of the town board that will make decisions on how the £20 million will be spent over the next 10 years. Following an application process, the council appointed the chair and a number of board members which will include the Member of Parliament for Gedling and the Leader of Gedling Borough Council, Councillor John Clarke MBE.

Sir John Peace has a long and distinguished business career at the highest levels covering the technology, financial services and retail sectors. Formerly Chairman, Chief Executive and Founder of Experian plc, Chief Executive of GUS plc, Chairman of Standard Chartered plc, and Chairman of Burberry plc - all FTSE 100 companies.

To view the full list of board members, visit www.gedling.gov.uk/carlton-town-board

Have your say and enter a draw to win £50

We have launched a consultation on the funding and how the board will allocate the money over the next 10 years. We want residents to tell us how you think we should spend the money and we will be giving £50 to one lucky resident who takes part. The consultation, including the competition terms and conditions, is available to view on the council's website and it will be open for six weeks. The results of the consultation will be presented to the board and be used as part of the long term plan for the area.

Have your say and you could win £50 at www.gedling.gov.uk/carlton-town-board





Elections results

In May and July there were elections to elect the new East Midlands Mayor, the Police and Crime Commissioner and the Parliamentary Members (MPs) for Gedling and Sherwood.

Claire Ward (Labour Party) was elected as the first ever East Midlands Mayor and Gary Godden (Labour Party) was elected as the new Police and Crime Commissioner for Nottinghamshire.

Residents across the borough went to the polling stations and turnout was 27.6% of the electorate across the East Midlands for the Mayor election.

Turnout for the Police and Crime Commissioner was 28.13% of the eligible voters across all of Nottinghamshire.

At the time of Contacts magazine going to print, the winner of the Parliamentary election, which took place on Thursday 4 July, had not been announced but the full result for the Gedling and Sherwood constituencies can be found on the website.

For more information about the election results please visit www.gedling.gov.uk/ elections

Electric car charging points



We are stepping up our efforts to tackle climate change by setting up electric car charging points. We've converted four parking spaces at the Civic Centre in Arnot Hill Park into spots where you can charge your electric car. These charging spots are equipped with fast chargers that have two outlets, each delivering 7kW of power.

To use these charging points, you'll need to register through the BP Pulse app, as they're provided by BP Pulse. This move is part of the council's promise to be net zero carbon by 2030.

These charging points are ready to use and open to anyone with an electric car. Gedling Borough Council has already set up ten electric charging stations around the borough, and they plan to add more, including at Gedling Country Park, over the next year.

Earlier this year, the council announced that they're switching their waste vehicle fleet from diesel to greener biofuel. This change has already cut CO2 emissions by a huge 90%, showing their commitment to going green.

You can find out more about the work we are doing to combat climate change at www.gedling.gov.uk/climate-change



Free parking to continue in town centres

We are pleased to announce our commitment to supporting local businesses by continuing to provide two hours of free parking in all of our pay and display car parks in town centres.

The decision comes as part of our ongoing efforts to strike a balance between generating necessary income and supporting local economic growth. By maintaining the two-hour free parking provision, we aim to minimise the impact on residents and visitors while safeguarding the vitality of local shopping centres.

The change for parking beyond two hours has changed from £1 to £2 for 4 hours, which is the first increase in 10 years.

Gedling Borough Council is one of only a few councils to continue offering free parking in town centres.

We are also investing in several electric car park charging stations at various car parks and new cycle hubs at key sites as part of our commitment to reduce CO2 emissions.

The increase in charging also aligns with our broader environmental sustainability goals, encouraging active travel and public transport use.

For a full list of all the car parks in the borough, including a list of electric car charging points, visit www.gedling.gov.uk and search car parks.



Olympian opens new fitness studio

We are excited to announce the opening of a new fitness studio at Carlton Forum Leisure Centre. The studio was opened on Tuesday 2 April by three-time Olympian, Andy Turner. Hailing from Nottinghamshire, Turner excelled in the 110m hurdles, achieving fourth place in the London 2012 semi-finals.

The new studio was formally a squash court which had been used as extra gym space for customers to use since 2020. Due to the popularity of this additional area, it was decided to repurpose the squash court into a purpose-built fitness studio.

This project was part-funded by the UK Government through the UK Shared Prosperity Fund, from which we received £14,406 towards the refurbishment.

The new fitness studio, located next to the remaining squash court, has been named the D.O.S.E Studio. D.O.S.E represents Dopamine, Oxytocin, Serotonin and Endorphins, which are all 'feel good' chemicals

released in the brain when exercising. These positive chemicals can help to reduce feelings of anxiety, improve a person's mood, and boost the body's immune system.

Customers must be aged 16+ to use the studio, which has a diverse range of equipment such as rowers, ski ergs, kettle bells and much more.

One of the most significant additions to the studios at Carlton Forum Leisure Centre is MyZone. MyZone is a form of wearable fitness technology which allows the user to track their health and fitness while exercising, by monitoring their heart rate. Users can participate in challenges and see their real-time fitness tracking results on the screens in the studios and on the MyZone app.



New lockers thanks to Safer Streets funding

We have installed six new high security, steel bike lockers at the council office in Arnot Hill Park, thanks to funding from the Nottinghamshire Police and Crime Commissioner.

Located outside the entrance to the civic centre, the lockers are free to use and aim to promote cycling for people visiting the civic centre or the park. By offering a safe place to store bikes, it will help reduce the number of people travelling to the park by car.

These secure bicycle lockers also contribute to the council's ongoing efforts to provide eco-friendly alternatives to people who would usually travel by car and encourage them to reduce their carbon footprint.

The new lockers are operated using a key which can be obtained from the reception desk or bike owners can use their own padlocks. Each of the lockers can store up to two bikes.

The lockers are funded through the Safer Streets initiative led by the Office of the Police and Crime Commissioner for Nottinghamshire and partners. In addition to the lockers,



environmental improvements have taken place to trim back overgrowth and increase visibility for existing CCTV cameras in the park, to reduce blindspots which might lead to an increase in antisocial behaviour.

The previous round of Safer Streets funding which benefitted Gedling Borough was used in Netherfield and Colwick and saw patrols by street wardens, a new Shop Watch radio scheme, CCTV and free home security devices.



Pride of Gedling Awards 2024



Pride of Gedling Awards nominations are open

We are delighted to announce that nominations for the Pride of Gedling Awards 2024 are now open.

The Pride of Gedling Awards are an opportunity for us to shine a light on the incredible achievements of residents, businesses and community groups across the borough, making a big difference to peoples' lives. Last year, we received over 200 nominations across the six categories, all of which were of a very high standard.

If you know a friend, colleague, neighbour, local community or business who deserve to be recognised for something they have done, then get nominating.

The six categories are:

Business in the Community Award

Community Hero(es) Award

Dylan Barker (Young Person of the Year) Award

Outstanding Community Project Award

Environmental Hero Award

Inspirational Healthy Lifestyle Award

An awards ceremony will be held at the council's civic centre in November and the full details on how you can nominate someone are at

www.prideofgedling.co.uk

Nominations close on Friday 27 September 2024.

Sponsor an award

If you are a local business who would like to be a part of this special event and sponsor an award, please visit **www.prideofgedling.co.uk** and find out more about our competitive sponsorship packages.







We are 50 years old

This year, Gedling Borough Council proudly celebrates its 50th anniversary, marking half a century of dedicated service to the residents of our borough.

Established in 1974 when the government merged Arnold and Carlton District Councils together, the council has been steadfast in its commitment to enhancing the quality of life for all who call Gedling borough home.

Over the past five decades, the council has played a pivotal role in shaping the landscape of Gedling, from urban development to environmental conservation, and from community initiatives to public services.

To commemorate this significant milestone, Gedling Borough Council is delighted to announce a series of celebratory events throughout the year, inviting residents to join in the festivities and reflect on the council's rich history and achievements. There will be history talks, events and a special alderman ceremony later in the year.

The Arnold Summer Fair, which took place in June was themed around the 50th celebrations, there are also plans to plant commemorative trees and install special 50th gold plaques.

As part of the anniversary celebrations, Gedling Borough Council is proud to unveil a special commemorative logo, designed to encapsulate the spirit of community, resilience, and progress that defines the council's 50-year journey. This distinctive logo will serve as a visual representation of our collective pride and unity as we honour the legacy of Gedling Borough Council. A special flag has been commissioned which will fly at the main offices of the council, Arnot Hill Park for the year.

For more information on upcoming anniversary events and initiatives, please visit www.gedling.gov.uk or follow us on social media.

Home Upgrade Grant

The Home Upgrade Grant is a government programme which provides energy-saving home upgrades and low-carbon heating, via local authority funding, to households across England. Nottingham Energy Partnership is working with Gedling Borough Council, Nottinghamshire County Council and contractors to deliver Home Upgrade Grants to homes across Gedling. These upgrades aim to improve the efficiency of homes, making them cheaper to run.

The grant is for hard-to-heat homes that are not connected to the gas network. It aims to make the homes cheaper to heat and lower their carbon emissions.

The energy-saving upgrades available include loft insulation, wall insulation, solar panels and air source heat pumps, depending on availability and what is suitable for each property.

You may be eligible if you own and live in your property and:

- have an annual household income below £36,000 (gross) or are in receipt of certain benefits
- do not use gas as your main source of heating
- have an Energy Performance Certificate rating of between D and G.

You can find out more and apply online by visiting HomeUpgradeGrant.org or by calling Nottingham Energy Partnership on 0115 947 2207.



New plans for a greener future

Making our communities more sustainable and environmentally friendly is a top priority for Gedling Borough Council. That's why we're excited to share some important updates about how new planning rules are enhancing biodiversity in our area.

The government has introduced new planning regulations aimed at boosting the biodiversity of sites by at least 10%, compared to their previous state before development. The goal is to ensure that any new developments contribute positively to our natural surroundings. Ideally, this increase in

across the borough. This initiative aligns with

Local Nature Recovery Strategies, of which 48 are currently being prepared nationwide. Here in

Gedling, Nottinghamshire County Council is spearheading this work, and our guidance will continue to evolve as part of this local strategy rollout.

At Gedling Borough Council, we're committed to building a greener, more sustainable future for all. By prioritising biodiversity in our planning processes, we're taking meaningful steps towards creating a







Breck Hill mural

We are excited to announce the completion of a vibrant mural on the pavilion at Breck Hill Park, thanks to a collaboration with the 'Friends of Breck Hill Park' group and a talented local graffiti artist.

Inspired by the native wildlife and biodiversity of the area as well as the park's historical significance as a former brickworks site, the mural showcases a stunning array of native wildlife; Song Thrushes, Great Tits, Oak leaves and Pipistrelle bats. They sit alongside subtle nods to the park's industrial past including a Hoffman kiln which was a cutting edge and innovative way of firing bricks at the time.

Nottingham based artist, Alex Rubes created the impressive piece in just seven days, despite being hindered by rain, hail and extreme winds! The stunning art was completed free-

hand using spray paint and was Rubes' latest work after projects in Arnold and Nottingham city centre.

The collaboration, spearheaded by Gedling Borough Council in partnership with the 'Friends of Breck Hill Park' group, aims to beautify the park while celebrating its natural wildlife and heritage. This addition to the park comes after other recent developments including a newly built path making the park accessible to all.







New path and entrance thanks to local businessman

We are pleased to announced the completion of a new path and entrance for Breck Hill Park in Woodthorpe. The project, which was funded entirely by a local philanthropist and business leader, will improve the accessibility and safety of the park for all visitors.

The new entrance is constructed from resin bound gravel and leads visitors along the right hand side perimeter of the park. The path links access from Breck Hill Road all the way to the second entrance to the park on Woodthorpe Drive, next to the recently refurbished children's play area.

The works were carried out by Ground Control Ltd, a leading provider of landscaping and maintenance services. The cost of the project, including costs for the new entrance and the 260 metre footpath, was £47,000 and was funded by local entrepreneur, Professor Nat Puri.

The new path and entrance will benefit park users, and improve accessibility for wheelchairs, mobility scooters, or pushchairs. Prior to the works, some local residents reported that they did not use the park in the winter months because it was too muddy and slippery to access from Breck Hill Road. The steep banks along the right hand side boundary also posed a hazard for accessing the playground from that entrance.

The park recently secured its second Green Flag Award and one of the criteria for the award is for 'equal access for all'. The Friends of Breck Hill Park group have been working tirelessly with the council to improve the park, securing funding for over £100,000 for a new children's play area as well as being part of the team who secured this much-needed funding for the new footpath and entrance.

Gedling Business Support Network



The Gedling Business Support Network was successfully launched on 10 May at the Richard Herrod Centre in Carlton. Funded by Gedling Borough Council's share of the UK Shared Prosperity Fund and delivered by the East Midlands Chamber, the event attracted numerous local business owners eager to collaborate and grow.

The interactive event allowed attendees to engage with council representatives and business experts, sharing challenges and exploring available support and funding. Practical exercises provided valuable insights into the specific needs of Gedling businesses, ensuring tailored future support.

One of the attendees was 'Dice and Balls', an independent community interest company based at Arnold Market Place. They sell board games, gaming equipment, and books by local authors, and also host parties, gaming conventions, and events. Owners Zoe and Phire attended the launch event and shared their positive experience. Phire said, "Our experience was good. We found it a great chance to network and share experiences

and ideas. We have already received a follow-up visit from one of the consultants who is keen to help us develop our business and brand."

The successful launch marks a significant step in supporting Gedling businesses, with the Network poised to become a cornerstone of local economic development. Visit www.gedling.gov.uk/whatson to find out about future Business Support Network events and Business Support Surgeries.











Meet the Members:

Michael: Michael has been attending the Wellbeing Café for a year now. Initially recommended to join by a friend, Michael found companionship and support among his fellow attendees. The companionship he discovered not only helped rebuild his confidence but also provided a much-needed outlet to navigate recent mental health challenges.

"After a period of self-isolation during the Covid pandemic, my depression worsened and I found it increasingly difficult to leave the house," Michael shares. "Joining this group has been life-changing. I've not only regained my confidence but also formed bonds that will last a lifetime."

Anne: Another valued member is Anne, who was initially accompanied by her daughter to encourage social interaction. Now, Anne attends the café independently, relishing the opportunity to connect with her "Phoenix Farm family" over a cup of tea and endless conversation.





Jaqui, Carol, and Maureen: For Jaqui, Carol, and Maureen, the café is synonymous with relaxation and camaraderie. Their weekly sessions are filled with lively games of Rummikhub—a strategic number game that serves as a delightful start to the week.

"This is one of the friendliest groups I've ever been a part of," Jaqui remarks. "It's a place where we can unwind, connect, and simply enjoy each other's company."

In addition to human companionship, the café also welcomes furry, four-legged visitors, with Connor the Golden Retriever being a particular favourite among attendees



The Phoenix Farm Wellbeing Café meets every Monday from 11am to 2pm at Wollaton Road, Gedling. Find out more at www.gedling.gov.uk/support-in-gedling.

Take part in our climate change challenge



In a world where climate change is an ever-growing concern, Gedling Borough Council is stepping up its game to lead the charge towards a greener, more sustainable future. And we are not doing it alone, we are inviting you, the residents of Gedling, to join us on this crucial journey.

We are taking proactive steps towards achieving carbon net zero goal by 2030. As part of this initiative, we are launching a climate change challenge aimed at helping residents with practical insights and resources.

The challenge, developed in collaboration with Meritec, offers a 35-minute training course designed to enhance residents' understanding of climate change and its impact. Participants will gain actionable tips for leading a more sustainable lifestyle.

Feedback from the challenge will inform decisionmaking processes, ensuring that Gedling moves forward with effective measures to address climate change. You can access the survey through the Gedling Borough Council website.

Participation in the survey is encouraged as Gedling residents collectively work towards building a greener and more sustainable future.

Together, Gedling residents have the power to make a real difference in the fight against climate change. Join the movement today by taking the climate change challenge and let's build a greener, more sustainable future for generations to come.

Take the challenge at www.gedling.gov.uk/climate-challenge





Scan the QR code to take the Climate Challenge



Summer Saturdays

From 10am
Outside The AMP, off Front St, Arnold

Pop up markets and FREE activities throughout the summer holidays

27/7 Young Makers: circus skills workshops and craft activities

3/8 Dance: workshops and demonstrations

10/8 Art: contemporary painting, t-shirt printing and stalls

17/8 Rock 'n Shop: live music and stalls

24/8 Circus & Games: circus skills workshops and board games 31/8 Peddle Power Scalextric: race around a model of Nottingham

Find out more at www.gedling.gov.uk/events

Coming soon

Treasure Trails Gedling Borough high streets



EVELLING



What's on at The Bonington



Cinema

Alien: Romulus The Bikeriders



Deadpool & Wolverine
Despicable Me 4
Fly Me To The Moon
Inside Out 2
MaXXXine



Twisters

(All films are subject to release)

Event Cinema

Andre Rieu 2024 Maastricht Concert Sunday 1 – Wednesday 4 September £15 | £12.50



Royal Opera House Live: The Marriage of Figaro Sunday 15 September, 2pm £15 | £12.50

Royal Opera House Live: Alice's Adventures in Wonderland Sunday 20 October, 2pm £15 | £12.50

Live Theatre + Comedy

Copper Studios:

Into the Woods
Friday 9 – Saturday 10 August £10

Comedy Hotspot

Thursday 29 August, 7.30pm £15

Comedy Hotspot

Thursday 26 September, 7.30pm £15

The Bonington Players

Wednesday 16 – Saturday 19 October, 7.30pm £TBC

Copper Studios:

A Chorus Line
Thursday 14 – Saturday 16
November
£13 – £15

Live Music

Jazz in the Bar

Third Sunday of each month, 7.30pm (unless otherwise stated) £8

Nottingham Organ Society

First Monday of each month, 7.30pm (unless otherwise stated) £8 | £7

Jazz Steps

Thursday 5 September, 7.30pm £15

Everly Brothers & Friends Friday 6 September, 7.30pm

Revival

Saturday 28 + Sunday 29 September £12

Jazz Steps

Thursday 3 October, 7.30pm £15

ABBA Sensation

Friday 4 October, 7.30pm £17

Tony Farrell Big Band

Saturday 5 October, 7.30pm £15

Legends of Motown

Friday 11 + Saturday 12 October, 7.30pm £20



Jazz Steps

Thursday 24 October, 7.30pm £15

Cilla, Dusty, Lulu and Co... Shout Out to the 60s

1 November at 7.30pm £15

Cinema tickets

£4 16-25 members £5 Film tickets on Tuesdays £6.80 | £5.80 (concessions) Book online or call the box office.

<u>www.boningtontheatre.co.uk</u>

Bonington Theatre High Street | Arnold | NG5 7EE | 0115 901 3640





Artist returns to see award-winning portrait

Local artist Grahame Wheatley visited the Civic Centre earlier this year, exactly 25 years after winning an award for his portrait of Calverton inventor William Lee.

Grahame Wheatley's portrait is housed here in the Civic Centre at Arnot Hill park and took the top prize in a competition celebrating the Quarter-centenary of William Lee's invention of the first handknitting stocking frame in 1589.

Wheatley chose to paint a self-portrait, representing Lee and his dismay at not gaining recognition for his invention from Queen Elizabeth I. Its importance was later recognised as the first step in the mechanisation of the textile industry and was the only one in use for centuries.

Gedling Borough Council sponsored the competition in 1989 of which Grahame Wheatley was the standout winner. The piece now sits proudly at the Civic Centre where the artist and painting were happily reunited this week.

Remembering his inspiration, Mr Wheatley said: "The portrait was painted in my bedroom using a single mirror next to the window to get side lighting. With the story of Lee in mind I depicted myself holding one of my socks and with a disgruntled look on my face expressing disappointment at not being granted a patent."

Gedling Leisure news

Swimming intensive course offer

Book onto an August swimming lesson crash course and you'll be eligible for a no joining fee offer for regular swimming lessons, saving £15. The intensive, five day swimming courses are ideal for fast-tracking swimming abilities. www.gedling.gov.uk/swimming-lesson-offers



Book spaces for friends

Gedling Leisure app makes it easy to book, cancel, check timetables and keep up to date with news.

Members will soon be able to book spaces for others to join them for a swim or class. Find out more at the website.

MyZone



Customers can track their fitness progress with MyZone heart monitors at the leisure centres and can now view their stats, including calories burned and heart rate, on the screens in Carlton Forum Leisure Centre's studios.

Find out more at www.qedling.qov.uk/

myzone

Easy access to Carlton's gym

With a membership or paid gym session, you can now access the gym and D.O.S.E. Studio with a smart phone, you just need the Gedling Leisure app to tap or scan the QR code to enter.



Summer holiday activities

Keep kids
active all summer
long with lots of
fun activities at the
leisure centres —
from inflatables in
the pools and sports
halls, to roller discos,
badminton and more.
See what's on at
www.gedling.gov.uk/
holiday-activities or
call the centres





Gedling Leisure Centre Open Days

21 July, Carlton Forum Leisure Centre

24 August, Arnold and Redhill Leisure Centres

21 September, Calverton Leisure Centre

Tour the centres, work out in the gyms, dip in the pools, try out a class, let the kids play on giant inflatables* and chat with our friendly team about how they can help you to improve your health and fitness.

*check online or with centres for details, including times and what is available at each open day



Find out more at www.gedling.gov.uk/leisure

ARNOLD

High Street, NG5 7EE 0115 901 3690 CALVERTON

Flatts Lane, NG14 6JZ 0115 901 3800 CARLTON

Coningswath Road NG4 3SH 0115 901 3660 REDHILL

Redhill Road NG5 8GX 0115 901 3630



Gedling

LOVE DESCRIPTION OF THE PARKS O

Perfect parks in our beautiful borough

Parks and open spaces are a chance for peace, fun, exercise and a chance to spend time with friends in our community. They give opportunities for cycling, walking as well as free play areas for children. As we look forward to celebrating Love Parks Week (26 July - 4 August), let's take a look at some of the parks and open spaces our beautiful borough has to offer.



Arnot Hill Park

A beautiful, Green Flag Award winning park set in the leafy suburbs of Arnold, Nottingham. The park has a skate park, ball courts, rose garden and also a privately ran cafe on site.

Bestwood Country Park

650 acres of varied landscape, wildlife and industrial heritage.

The park has become popular with walkers, cyclists and bird watchers as well as those coming to see Bestwood Winding Engine House.



footpaths and wildlife, with stunning views over the surrounding areas.

The park has a popular children's play area, complete with a mining tower slide and zip wire, several picnic areas, two viewing platforms, a visitor centre where you can find out more about the history of the park and surrounding area and the fabulous Café 1899, offering hot and cold food and drinks.



New Mayor as Youth Council turns 10

In April, the Youth Council celebrated its 10th anniversary and appointed its newest Youth Mayor, Stella Clarke at their annual general meeting.

Since 2014, Gedling Borough Council's Youth Council has been a hub for young voices to make a real impact. This year marks our 10th anniversary, a time to celebrate all that's been achieved.

Made up of young people from local schools, the Youth Council look into what matters to the community, ask tough questions about how money is spent, and work on big issues like bullying and getting the right advice for careers.

Their hard work hasn't gone unnoticed. In 2020, they won the Lord Lieutenant's Young People's Volunteering Award, showing just how much they've given back to the community.

The Youth Council has actively engaged in democratic processes, notably contributing over 25% of Gedling's votes to the National Youth Parliament's 'Make Your Mark' campaign. By amplifying youth voices on issues such as mental health, personal safety, and social

inclusion, they have championed the values of democracy and civic engagement. They've worked with the police to tackle knife crime, started the Gedling Youth Mayor Initiative, and even had a say in how mental health services are run.

They also make sure young people's voices are heard in bigger conversations. In the 'Make Your Mark' campaign, they've had a big say in deciding what's important for young people across the country.

With new Youth Mayor, Stella Clarke, we can look forward to many more years of exciting and valuable work from our Youth Council.



Leader of the Council Cllr John Clarke MBE with Youth Mayor Stella Clarke



Mayor's News

The outgoing Mayor of Gedling Borough Council, Councillor Julie Najuk finished off her year in style, meeting King Charles III at Buckingham Palace. Every year, the Royal Family invite borough Mayors to attend one of the Palace's Garden Parties to say thank you for their contribution to their local community. She attended the event alongside 8,000 people from around the country and was delighted to see the King in good health, following the recent announcement of his cancer treatment.

In May, the new Mayor of Gedling was appointed at the council's annual general meeting. Councillor Ron McCrossen and ward member for the Woodthorpe area was voted in at the meeting and has taken over from outgoing Mayor, Councillor Julie Najuk, who has been in the role for the last 12 months. The Deputy Mayor was also appointed and it will be Councillor Kyle Robinson-Payne, ward member for Daybrook.

Cllr Najuk raised over £3,000 for her chosen charity, Anthony Nolan, through a number of events and fundraising activities as well as raising the profile of the charity.

Cllr Ron McCrossen will be raising money for his chosen charity, Parkinson's UK which researches treatment for Parkinson's disease.

If you would like the Mayor of Gedling to attend your event or visit your local school, please contact civic@gedling.gov.uk



Gedling Pest Control Service

Gedling Borough Council's Pest Control Team, treating infestations in houses across the borough

Quick and efficient solutions for:

- Rats and mice
- Cockroaches
- Bedbugs
- Fleas

Rapid response

Treating homes within 48 hours

For more information visit www.gedling.gov.uk/pest-control or call 0115 901 3972.

